

Spring 2024

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

# An Educational Program for Mature Learners

**UCR** PALM DESERT

[palmdesert.ucr.edu/welcome-ucr-osher](https://palmdesert.ucr.edu/welcome-ucr-osher)

**UCR** University Extension  
Professional Studies



## What it Means to be a UCR Osher Member

UCR Osher members are dynamic, engaging, and curious. They bring an eagerness to pursue personal learning through a mix of thought-provoking ideas, classes, lectures, discussions, special events and social activities. Members enjoy interacting with other like-minded mature adults 50 years and older as part of an active and vibrant community of lifelong learners and knowledge seekers.

## Why Join Osher

- Stay mentally fit in retirement years
- Discover social, cultural and academic interests
- Access to talented and knowledgeable presenters
- Network with other curiosity seekers
- Reconnect with new and old friends
- Conveniently scheduled courses and lectures
- Affordable pricing for stellar academic experiences
- Access to FREE lecture series and events

## “ “ What Osher Members Are Saying

“Barry and I love remote learning. Connections with other participants seem more intimate, even if we chose to just listen and not participate. Learning the Zoom technology is very easy, very user-friendly.”

– Glennie Feinsmith, Osher Member

“For us, personally, there are so many reasons why we enjoy the experience, part of it is the community of learners, part of it is that we learn something new from every class, and part of it is that there are things we never imagined we would be interested in or enjoy that we’ve come to love from the classes that we’ve taken.”

– Paul J. Gomez, Osher Member

“There are a lot of people who are or want to stay really mentally active and that’s amazing because I’ve read if you don’t stimulate your mind, it’s going to degrade – so you cannot put a value on that benefit.”

– Barry Schoenfeld,  
Osher Instructor



UCR Osher  
Spring 2024



Like Us On  
Facebook!

# Director's Message

Dear UCR Osher Members and friends of Osher,

Welcome to Osher at UCR's spring 2024 term. We've had our busiest season since March 2020 this past winter, and it has been an absolute joy to get to know you all more and watch you engage with one another. As always, I want to hear your feedback. Now, more than ever, is the time to reach out and share your ideas!

Welcome back to continuing Osher members, and greetings to new (and prospective) members! We are adults with wide-ranging interests in history, literature, the natural and social sciences, fine arts and special events. This past fall and winter have been very exciting –we are seeing increased enrollments on both campuses and on Zoom. There is truly something for everyone at Osher at UCR. Please help us continue to offer quality educational programming for mature adults by renewing your membership, signing up for courses, attending our free events, and donating to Osher. To learn about upcoming events, please make sure you are on our mailing list. Not sure? Email [olli@ucr.edu](mailto:olli@ucr.edu)

Inside you will find a listing of the Spring 2024 courses and events to round out this exciting membership year. Additional events will also be included in our weekly newsletter, so make sure to sign up! As Alexander Graham Bell said, "There cannot be mental atrophy in any person who continues to observe, to remember what he observes, and to seek answers for his unceasing hows and whys about things." I look forward to this upcoming term with you all and towards working together to make this program even more successful as we go forward.

Johnna Norris  
Director, UCR Osher Lifelong Learning Institute



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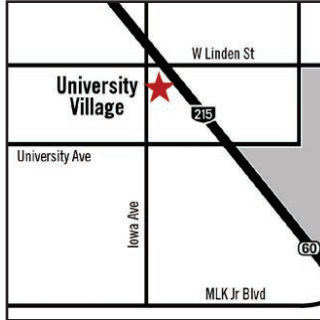
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# Spring 2024 Schedule

Spring 2024 Schedule – April 15-June 30, 2024

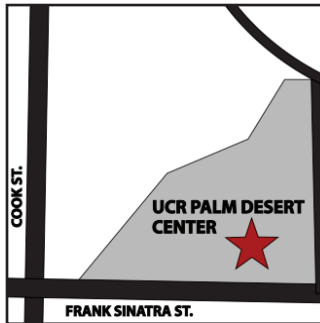
## IN-PERSON:



## Riverside

### UCR Extension, University Village

1299 University Drive, University Village Suite 101,  
Conference Room 1103 (across from Chase Bank)  
Riverside, CA 92507



## Palm Desert

### UCR Palm Desert Center

75-080 Frank Sinatra Drive  
Palm Desert, CA 92211

## REMOTE VIA ZOOM:

See pages 1-8 for more information on courses and locations

## Ways to Register

**ONLINE:** [https://commerce.cashnet.com/ucr\\_osher](https://commerce.cashnet.com/ucr_osher)

Print and mail a completed membership and enrollment form to:

**Mail:** UCR Palm Desert Center

75-080 Frank Sinatra Drive

Palm Desert, CA 92211

Make Checks payable to: Regents UC

**IN-PERSON:** UCR Palm Desert Center

Building A 75-080 Frank Sinatra Drive,  
Palm Desert, CA 92211

- Tues/Thurs. 2 – 5 pm and
- Wed, 9 am – 12 pm Tues/Thurs. 2 – 5 pm and
- Fri, 9 am – 12 pm

## Parking

Parking at UCR Extension Center

1200 University Ave. Riverside, CA 92507

Osher staff will be collecting license plate information for all registered students which will serve as your parking permit. Please email [olli@ucr.edu](mailto:olli@ucr.edu) or call 760-834-0929 with your license plate information when you register for class.

Parking at UCR Palm Desert Center

75-080 Frank Sinatra Dr. Palm Desert, CA 92211

Parking permits will be delivered on the first day of your classes.



## Remote Delivered Courses Spring 2024



**Fridays,  
April 19-May 24**  
6 meetings  
10 - Noon  
Class Fee \$35

### **Medieval Manuscript Arts: 15th century Ferial Psalter**

Spring is the ideal time of year to explore, draw and paint the highly decorated, fabulous flowering alphabet found in the Ferial Psalter. Completed in 1495 and used at the San Sisto in Piacenza, Italy for 300 years. If you've been itching to work in patent gold this is the perfect opportunity, Step by step reproduction instruction, painting technique demos, weekly slide presentations and projects.

**Instructor, Risa Gettler.**

Course Number Z101

**Mondays,  
April 22-May 27**  
6 meetings  
1 - 3 pm  
Class Fee \$35

### **Heroines in Historic Fiction and Non-Fiction**

This six week course explores the rise of women's voices through transcendent moments in history by both contemporary popular female authors and those who have helped women march forward in their evolution in past centuries

**Instructor, Katya Williamson.**

Course Number Z102

**Tuesdays,  
April 23-May 28**  
6 meetings  
10 - Noon  
Class Fee \$35

### **Infamy – FDR's War of Empires**

Eighty-five years ago, the Roosevelt Administration planned and provoked an attack on Pearl Harbor by forces of the Japanese Imperial Navy. This closely guarded maneuvering by elite American leaders unified the overwhelmingly anti-war nation into leading the defeat of fascism in Japan and Germany. In this course, you will discover how it all occurred.

**Instructor, John Powers.**

Course Number Z103

**Mondays,  
April 22-May 27**  
6 meetings  
10 - Noon  
Class Fee \$35

### **2024 Election Issues**

Our legal system, politics, and the media are facing extreme challenges in 2024. Let's sift through the misdirections, lies, and spin to discuss the truths of what our democracy was founded on.

**Instructor, Gary Bindman.**

Course Number Z104

**Mondays,  
May 13-June 24**  
(No class May 27)  
6 meetings  
10 - Noon  
Class Fee \$35

### **Cinematic Exploration: Why Are We Drawn to the Past?**

This class will explore the intrinsic human interest in the past: family history, childhood experiences, friendships and human connections, both major and small events. After watching the films on their own, the participants will discuss different aspects of nostalgia and our eternal attraction to memories demonstrated in cinematic form.

**Instructor, Elena Romine.**

Course Number Z105

## Please Note:



These courses will be delivered remotely using Zoom.



You will need a computer, tablet, or smartphone with speaker or headphones.



You will receive an email notice from UCR Osher Lifelong Learning Institute at least one week prior to the course start.





## Remote Delivered Courses

Spring 2024



**Wednesdays,**  
**May 22-June 26**  
10 – Noon  
Class Fee \$35

### **CLASSIC FILMS by Alfonso Cuarón, Alejandro G. Iñárritu, and Guillermo del Toro**

Mexican film directors, Alfonso Cuarón, Alejandro G. Iñárritu, and Guillermo del Toro, are major forces in cinema in the last 20 years. They have all been honored with Academy Awards in multiple categories, including writing, cinematography, and directing. The films that will be discussed are *Y TU MAMA TAMBIEN*, *21 GRAMS*, *PAN'S LABYRINTH*, *BIRDLAND*, *THE SHAPE OF WATER*, and *ROMA*.

**Instructor, John Lugar.**  
Course Number Z106

**Wednesdays,**  
**May 29-June 26**  
5 meetings  
1 - 3 pm  
Class Fee \$55

### **Gotta Dance**

If life's a dance, music is the rhythm, and the choreographer is God, the director or both! In this course, we will explore the trademarks and styles of important Broadway and film choreographers such as Busby Berkeley, Hermes Pan, Gower Champion, Bob Fosse, and many more. Join us, watch clips, and discuss from a director's view of dance. Instructor, Sam Caponegro  
Wednesdays, May 29-June 26, 10 a.m.-Noon (five classes)

**Instructor, Sam Caponegro.**  
Course Number Z107



**Knowledge of what is does not open  
the door directly to what should be.”**

- Albert Einstein



## Remote Delivered Courses

### Spring 2024

**Thursdays,**  
**May 16-June 20**  
6 meetings  
1 - 2:30 pm  
Class Fee \$35

#### **Classical Music Virtuosos**

Explore the works and the legacy of influential performers who gave technical brilliance, richness of tone and showmanship another meaning, on piano, violin, cello and other instruments. Contrast performers who base their art on acrobatics, but find a balance with intensity, passion and bold elegance.

**Instructor, Emanuel Abramovits.**

Course Number Z108

**Thursdays,**  
**May 30-June 2**  
5 meetings  
10 - Noon  
Class Fee \$35

#### **The Weeks News in Review with William Maxwell**

An interactive discussion of events shaping the news each week. Media sources include print, TV, the internet, and social media. This course will discuss politics, the economy, sports, show business, and topics pulled from the "headlines."

**Instructor, William Maxwell.**

Course Number Z107







## In-Person Courses | UCR Palm Desert Center

Spring 2024

**Mondays,  
April 15-May 20**

6 meetings  
1 - 3 pm  
Class Fee \$55

**What is Healthy Eating? Foods and Fads.  
Facts and Fiction**

The term healthy eating is frequently used as an idea of eating a healthful meal. But what does it mean? Explore more than a dozen plans that propose a healthy food regimen. Explore scientific information that probes each of these plans. Come learn about healthy eating and gain a better understanding of how and why almost all fad diets fail to improve our health.

**Instructor, Fred Abramson**  
Course Number PDC102

**Tuesdays,  
April 16th-May 21**

6 meetings  
10 - Noon  
Class Fee \$55

**American Nations & American  
Character Revisited**

North America is historically comprised of rival regional cultures. Geographically, they don't fit within the legal borders of states or an understanding of what constitutes the north, south, east or west. Each has developed its own character, culture, and varying notions of democracy and liberty. Come explore foundations as to why the United States has such a fractured understanding as to its past, present, and future.

**Instructor, Stephen Harding.**  
Course Number PDC103

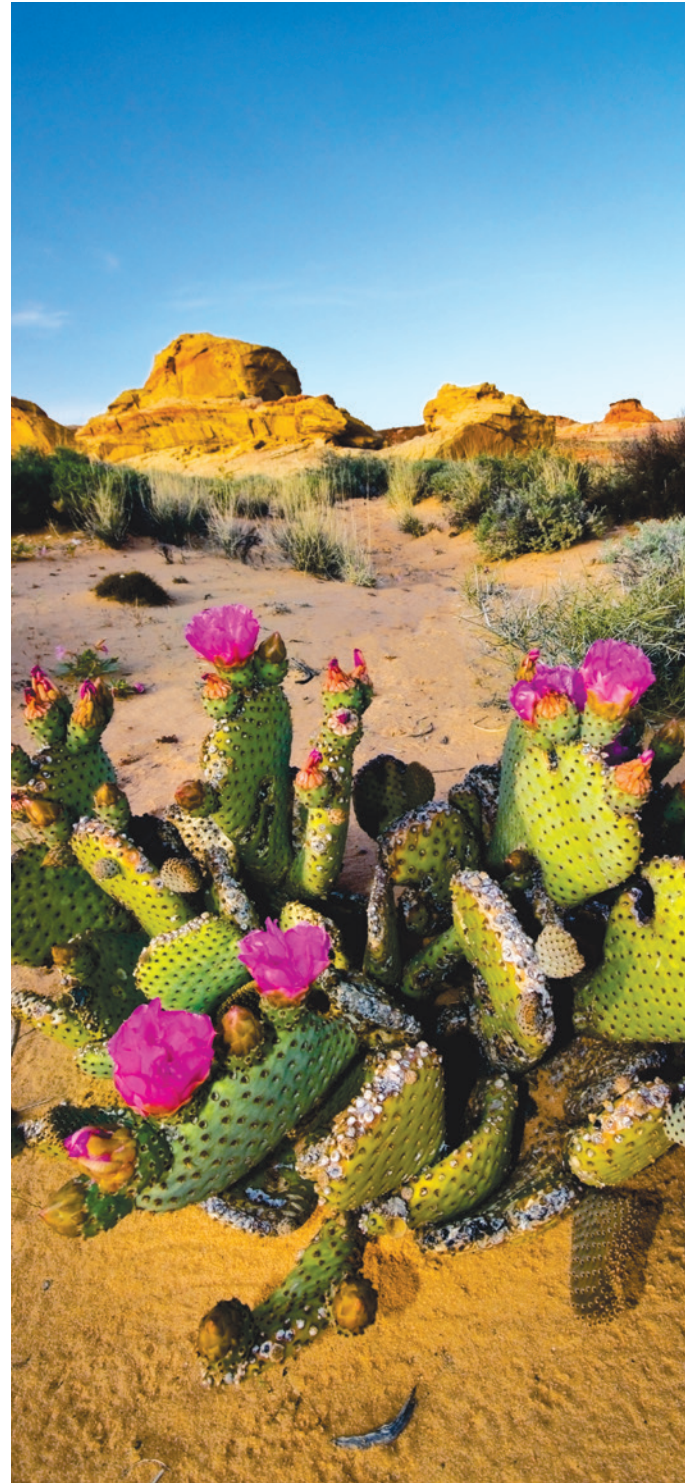
**Tuesdays,  
April 16th-May 21**

6 meetings  
1 - 4 pm  
Class Fee \$55

**MIXED DOUBLES: Women and Men's  
Athletics in Film**

As the Paris Summer Olympic Games draw near, explore the thrill of victory, the agony of defeat, and view a selective set of noteworthy films about the human drama inherent in competitive men's and women's sports. The film roster is as follows: *Miracle* (2004), *I, Tonya* (2017), *Chariots of Fire* (1981), *Million Dollar Baby* (2004) *Battle of the Sexes* (2017) plus the 1999 Oscar winning documentary, *One Day in September*.

**Instructor, Bernard "Butch" Epps.**  
Course Number PDC104





**Thursdays,  
April 18-May 23**

6 meetings  
10 - Noon  
Class Fee \$55

### **The Week's News in Review**

An interactive discussion of events shaping the news each week. Media sources include, print, TV, the Internet and social media. You discuss politics, the economy, sports, show business and topics pulled from the "headlines."

**Instructor, William Maxwell.**  
Course Number PDC105

**Wednesdays,  
May 8-May 22**

3 meetings  
10 - Noon  
Class Fee \$55

### **Desert Discovery**

Come learn about the Coachella Valley and the beautiful natural environment that surrounds us. This course will focus on Geology, land forms, earthquake faults and water as well as the indigenous Native American Cahuilla and pioneer history. Next, explore the many natural treasures in our valley, including the Whitewater Preserve, Tahquitz Canyon, Cabot's Pueblo, and more.

**Instructor, Kerry Berman.**  
Course Number PDC106

## **Early Registration Strongly Advised**

**Early registration strongly advised to ensure enrollment and prevent cancellation.**  
(See Course Selection on Page 15)





## In-Person Courses | UCR Palm Desert Center

Spring 2024

**Tuesdays,**  
**May 28-July 2**  
6 meetings  
10 - Noon  
Class Fee \$55

### **What is a Blue Zone?**

This course provides an overview of blue zones worldwide. What is a Blue Zone? What is the benefit of living in Blue Zones? Where are these Blue Zones located? What elements are common among Blue Zones? How can we modify our lifestyles to reap these same benefits?

**Instructor, Jeff O'Conner.**  
Course Number PDC107

**Tuesdays,**  
**May 28-July 2**  
6 meetings  
1 - 3 pm  
Class Fee \$55

### **How to Write a Novel**

The aim of this course is to provide attendees with the tools and resources to plan and write a novel. Specific topics include: brainstorming story ideas; creating compelling characters with believable arcs; plotting vs "pantsing"; point of view; voice; structure; tension; stakes; making time to write; creating a writing routine; overcoming resistance and more.

**Instructor, Julie Timmer.**  
Course Number PDC108

**We know many of you remain concerned about COVID-19 and in-person courses and gatherings. As always, the safety and well-being of our community remains a top priority. When on campus, the use of face coverings indoors are strongly recommended for all individuals who are up to date on COVID-19 vaccinations and required for anyone who is not up to date on vaccinations. Campus Covid policies are subject to change.**



## **Palm Desert**

**UCR Palm Desert Center**

75-080 Frank Sinatra Drive  
Palm Desert, CA 92211



# In-Person | UCR Extension University Village (EUV) Spring 2024



**Mondays,  
April 19-May 24**  
6 meetings  
1 - 3 pm  
Class Fee \$55

## **The Dawn of America's Global Power**

In 1916, progressive Woodrow Wilson was convinced that the United States was uniquely able to lead a new world order to end violent imperialist rivalry and brutal colonial wars. However, the century that followed was marked by unparalleled conflict, economic collapse, genocide, and the danger of nuclear weapons. Examine the explanations that historians offer for this stunning reversal.

**Instructor, Michael Hayman.**

Course Number EUV101

**Wednesdays,  
April 15-May 20**  
6 meetings  
10 - Noon  
Class Fee \$55

## **American Nations & American Character Revisited**

North America is historically comprised of rival regional cultures. Geographically, they don't fit within the legal borders of states or an understanding of what constitutes the north, south, east or west. Each has developed its own character, culture, and varying notions of democracy and liberty. Come explore foundations as to why the United States has such a fractured understanding as to its past, present, and future.

**Instructor, Stephen Harding.**

Course Number EUV102

**Thursdays,  
April 18-May 23**  
6 meetings  
10 - Noon  
Class Fee \$55

## **The Week's News in Review Session One**

An interactive discussion of events shaping the news each week. Media sources include print, TV, the internet, and social media. This course will discuss politics, the economy, sports, show business, and topics pulled from the "headlines."

**Instructor, Karen Kane.**

Course Number EUV103

**Mondays,  
May 20-June 24**  
(No class May 27)  
5 meetings  
1 -3 pm

## **To Be a Citizen**

What does it mean to be a citizen today? Explore the origins and evolution of the 'citizen'. Acceding to generational differences for the understanding of what 'citizen' means, consideration will be given for the role of trillion dollar transnational corporations who maintain sufficient power to conduct international affair.

**Instructor, Beth Hill Skinner.**

Course Number EUV104

**Wednesday,  
May 22-June 26**  
6 meetings  
10 - Noon  
Class Fee \$55

## **1968: A Pivotal Year in American History**

In 1968 over 500,000 U.S. troops were fighting a war in South Vietnam , two political assassinations rocked the nation, a youth counterculture began to shape many aspects of popular culture, and a president elected in a landslide four years earlier was driven from office by members of his own party. Examine many major political, social, and cultural developments that took place in the United States in 1968

**Instructor, Bob Ellingson.**

Course Number EUV105





# In-Person | UCR Extension University Village (EUV) Spring 2024



**Thursdays,  
May 30-June 27**  
5 meetings  
10 - Noon  
Class Fee \$55

## **The Week's News in Review Session Two**

An interactive discussion of events shaping the news each week. Media sources include print, TV, the internet, and social media. This course will discuss politics, the economy, sports, show business, and topics pulled from the "headlines."

**Instructor, Karen Kane.**  
Course Number EUV105



## **UCR Extension University Village (EUV)**

### **UCR Extension, University Village**

1299 University Drive, University Village Suite 101,  
Conference Room 1103 (across from Chase Bank)  
Riverside, CA 92507



## **Early Registration Strongly Advised**

**Early registration strongly advised to ensure enrollment and prevent cancellation.**  
(See Course Selection on Page 15)

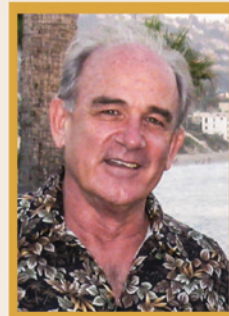
We know many of you remain concerned about COVID-19 and in-person courses and gatherings. As always, the safety and well-being of our community remains a top priority. When on campus, the use of face coverings indoors are strongly recommended for all individuals who are up to date on COVID-19 vaccinations and required for anyone who is not up to date on vaccinations. Campus Covid policies are subject to change.

UC Riverside Retirees' and Emeriti Associations  
with additional sponsorship by UCR Osher and UCR's Office of Gift Planning  
Present

**The Edward A. Dickson Emeritus/A Professorship Lecture Series**

## WASP EVOLUTION TRICKS SCIENTISTS

Tuesday, May 7, 2024  
3:00 - 4:30 p.m. with Reception to follow  
In-person at University Extension Building 1101  
Livestreamed via Zoom



**Featuring**

Brian A. Federici, PhD  
UC Riverside Distinguished Professor of the  
Graduate Division  
Department of Entomology and  
Institute for Integrative Genome Biology



**Description**

Professor Federici studies viruses, bacteria, and fungi that attack insects, with research funded during his career by the National Institutes of Health (NIH) and National Science Foundation (NSF). Federici's focus has been the biology of natural pathogens, or those genetically engineered, as replacements for chemical insecticides. During the 1970's, Federici became interested in particles female parasitic wasps inject with eggs into caterpillars that help wasp larvae avoid innate immunity and kill their hosts during development. For five decades the particles were considered virions, the infectious agents for viruses known as polydnaviruses (PDVs). In papers published in 1991, 2003, and 2010, he argued the particles were not virions, but rather immunosuppressive organelles that evolved from virions. These papers were ignored until 2023 when prominent virologists at NIH also concluded PDV virions were not virions, thus PDVs are not viruses. Federici's Dickson Lecture will focus on this case of scientific tribalism, showing how science can err when research leaders knowingly misinterpret data that contradict their long-held ideas.

**Register**

Priority seating is given to members of the UCR Retirees' and Emeriti Associations who must register by April 5, 2024 on the [Retirement Center webpage](#).

*Registration will open to UCR and the public on April 6, 2024.*

Questions may be sent to [retirees@ucr.edu](mailto:retirees@ucr.edu).



# Time to create your best work



The UC Riverside Palm Desert Low-Residency MFA is one of the premier writing programs in the world. Our alumni include national and international best-selling authors, Emmy Award winners, PEN USA finalist playwrights, acclaimed journalists and memoirists, award-winning poets, top television and film producers, and even a member of Congress. Choose from program tracks in fiction, nonfiction, playwriting, and writing for both television and the big screen. Select a secondary genre as a minor or try something new every term.

Apply now! [Details can be found here.](#)



# Paying it Forward

## Become a Friend of UCR Osher

Did you know that the Osher program is partially underwritten by the interest earnings of the 2007 endowment by the Bernard Osher Foundation, and the annual membership and quarterly class registration fees? Combined they are not enough to continue to grow our membership and expand the quality and quantity of learning experiences.

- » A 6-week course (includes facility fees, and presenter stipend)
- » Honorarium for your favorite Osher instructor

If you appreciate how the Osher Lifelong Learning Institute enriches your life, please consider giving to Osher. Your gift is an investment in our commitment to growing a community of lifelong learners and ensuring the long-term viability of the program. Your donations will go to underwriting the following activities:

- » Special events and field trips
- » Upgrades to technology

### Below are levels of support for you to choose.

*(Your gift may be 100% tax deductible. Federal Tax ID #23- 7433570. Check with your tax consultant to confirm.)*

- \$2,000 – (Membership in UCR Chancellor's Associates)
- \$1,500       \$1,000       \$500       \$250       \$100       Other

Or support in monthly installments (Credit card only)

- \$10/month for 12 months: \$120 total       \$20/month for 12 month: \$240 total       \$\_\_\_\_\_/month for \_\_\_\_ months

Please indicate the fund to gift:  Osher Lifelong Institute Fund     Osher LIFE Lecture Series Endowment  
 Richard (Dick) Stein Lecture Series

My gift is in honor/ memory of: \_\_\_\_\_

List my name as follows: \_\_\_\_\_

Donate online at <https://myadv.ucr.edu/OLLI/osher>

- I work/worked for a company that will match my gift.
- Please contact me about how I can benefit Osher through my will, living trust, or other giving options that don't require an immediate cash outlay.

### Questions? Contact:

Johnna D. Norris, Director | UCR Osher Lifelong Learning Institute | UCR Palm Desert | [Johnna.Norris@ucr.edu](mailto:Johnna.Norris@ucr.edu)  
75-080 Frank Sinatra Drive | Palm Desert, CA 92211 | (760) 834.0800 | [olli@ucr.edu](mailto:olli@ucr.edu)

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Phone: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Visa/Mastercard Number (print clearly): \_\_\_\_\_

Expiration Date Authorizing: \_\_\_\_\_

Signature: \_\_\_\_\_

- Cash     Personal Check

**Make payment to: UCR Foundation**

### Mail this form with donation to:

UCR Foundation | 1136 Hinderaker Hall | Riverside, CA 92521





# Why *Teach* an Osher Course?



“Teaching ‘All Science Considered’ encourages me to think more deeply about the impact our topics have on our society. Class material should answer questions such as: “Why should participants be interested in a particular topic? And how it might affect their lives or the lives of their family?” I receive great enjoyment and satisfaction from both the preparation and the in-class interactions.”

— **Michael Luther,**  
UCR Osher instructor  
since 2016

## Share Your Expertise

The Osher program attracts current and retired faculty from University of California, Riverside, retired faculty from local and national colleges, and distinguished community leaders and other experts who enjoy sharing their knowledge and joy of teaching with our members. Classes are offered in Riverside at the UCR Extension University Village (EUV) and in the Coachella Valley at UCR Palm Desert Center.

WANTED: mind-expanding ideas and discussions on a variety of topics.

## Learning Formats Available

**Lectures:** Tuesday lectures series on timely and engaging topics. (Riverside location only at this time)

**Courses:** Multi-session, academic courses in a wide array of topics and delivery modes from in-person classroom instruction to remote delivered interactive instruction and demonstrations.

**Field Trips and Study Tours:** On site exploring and learning about cultural, historical and architectural events locally and internationally.

**Special Events:** Includes campus department lectures, and fun and entertaining events open to members and the general public.

**Lunch Bunch:** Another way for members to engage in cultural experiences through food while enjoying a meal together.

**Workshops:** Range from successful aging, financial wellness and creative activities.

If you enjoy teaching and sharing your knowledge, visit our website at [palmdesert.ucr.edu/welcome-ucr-osher](http://palmdesert.ucr.edu/welcome-ucr-osher) to submit a proposal. Proposals are accepted for the Winter, winter, and spring quarters. For the Winter quarter, submit in April; for winter, submit in August; and for spring, submit in November.

## Events

# What are Blue Zones?

**Tuesday, April 16**  
**1 - 3 pm | UCR Extension**

Blue Zones are communities that have been identified as having populations that live measurably longer, happier lives with lower rates of chronic diseases and a higher quality of life than the average. The city of Riverside was deemed a strong candidate for a Blue Zone certification process. Our speaker will provide the most updated information on Riverside's participation.

Leading the program is CEO Joe Grumbine, who has more than 30 years of experience in therapeutic horticulture, the release states. Grumbine has developed workshops that include information on herbs, flowers, fruits, vegetables and composting.



# Fragrance 101

**Wednesday May 8,**  
**10 - Noon | UCR Palm Desert Campus**

Explore the history of fragrance and gain a better understanding of how fragrances are created. Smell various natural and synthetic fragrance raw materials. Dive deeper in to the scent of Rose. Discuss accords and participate in a live creation of a green tea accord.

Lisa Gomez is a trained Perfumer who recently relocated to Palm Springs. And she wants to share the joy of fragrance with all! Lisa spent several years working in the fragrance/cosmetics industry, receiving extensive training during this time. Her fragrance education includes the Grasse Institute of Perfumery and the Institute for Art & Olfaction. Lisa is also a trained Master Gardener, specializing in fragrant gardens.



**UCR Osher**  
Spring 2023

## Events

# Citizen Leadership in a Time of Confusion

Tuesday, May 21  
1 - 4 pm | Remote

As dysfunction continues to strain the fabric of American society, concerns about the future of democracy have left many bereft of direction. What is the role of the citizen?

How can citizens contribute to the solution instead of finding themselves drawn deeper into the problems that threaten the rule of law and political efficacy under the Constitution?

Beth Hill-Skinner, M.A. has degrees in Theology International Diplomacy with specialization in transnational terrorism, is an adjunct faculty member at Riverside Community College, as well as a noted author and professional speaker. UCR instructor since 2007.



# Select Your Osher Courses

Select course, add fees and complete reverse side.

Early registration is strongly advised to ensure enrollment and prevent cancellation. Click on each course title to access course information.

Course Title	Start Date / Time	Fee	Delivery Mode / Location	Subtotal
Medieval Manuscript Arts: 15th century Ferial Psalter	Fridays, April 19-May 24   10 - Noon Course Number Z101	\$35	 REMOTE	
Heroines in Historic Fiction and Non-Fiction	Mondays, April 22-May 27   1 - 3 pm Course Number Z102	\$35	 REMOTE	
Infamy – FDR’s War of Empires	Tuesdays, April 23-May 28   10 - Noon Course Number Z104	\$35	 REMOTE	
2024 Election Issues	Mondays, April 22-May 27   10 - Noon Course Number Z103	\$35	 REMOTE	
Cinematic Exploration: Why Are We Drawn to the Past?	Mondays, May 13-June 24   10 - Noon Course Number Z105	\$35	 REMOTE	
CLASSIC FILMS by Alfonso Cuarón, Alejandro G. Iñárritu, and Guillermo del Toro	Wednesdays, May 22-June 26   10 - Noon Course Number Z106	\$35	 REMOTE	
Gotta Dance	Wednesdays, May 29-June 26   10 - Noon Course Number Z107	\$35	 REMOTE	
Classical Music Virtuosos	Thursdays, May 16-June 20   1 - 2:30 pm Course Number Z108	\$35	 REMOTE	
The Weeks News in Review with William Maxwell	Thursdays, May 30-June 27   10 - Noon Course Number Z107	\$35	 REMOTE	
What is Healthy Eating? Foods and Fads. Facts and Fiction	Mondays, April 15-May 20   1 - 3 pm Course Number PDC102	\$55	 Palm Desert Center	
American Nations & American Character Revisited	Tuesdays, April 16th-May 21   10 - Noon Course Number PDC103	\$55	 Palm Desert Center	
MIXED DOUBLES: Women and Men’s Athletics in Film	Tuesdays, April 16th-May 21   1 - 4 pm Course Number PDC104	\$55	 Palm Desert Center	
The Week’s News in Review	Thursdays, April 18-May 23   10 - Noon Course Number PDC105	\$55	 Palm Desert Center	
Desert Discovery	Wednesdays, May 8-May 22   10 - Noon Course Number PDC106	\$55	 Palm Desert Center	
What is a Blue Zone?	Tuesdays, May 28-July 2   10 - Noon Course Number PDC107	\$55	 Palm Desert Center	
How to Write a Novel	Tuesdays, May 28-July 2   1 - 3 pm Course Number PDC108	\$55	 Palm Desert Center	
The Dawn of America’s Global Power	Mondays, April 15-May 20   10 - Noon Course Number EUV101	\$55	 EUV-Riverside	
American Nations & American Character Revisited	Wednesdays, April 17-May 22   10 - Noon Course Number EUV102	\$55	 EUV-Riverside	
The Week’s News in Review Session One	Thursdays, April 18-May 23   10 - Noon Course Number EUV103	\$55	 EUV-Riverside	
To Be a Citizen	Mondays, May 20-June 24   1 - 3 pm Course Number EUV104	\$55	 EUV-Riverside	
1968: A Pivotal Year in American History	Wednesday, May 22-June 26   10 - Noon Course Number EUV105	\$55	 EUV-Riverside	
The Week’s News in Review Session Two	Thursdays, May 30-June 27   10 - Noon Course Number EUV106	\$55	 EUV-Riverside	
The Edward A. Dickson Professorship Lecture Series - 2023-2024 Wasp Evolution Tricks Scientists	Tuesday, May 7   3 - 4:30 pm (Reception to follow)	FREE	 EUV-Riverside	
Fragrance 101	Wednesday, May 8   10 - Noon	FREE	 REMOTE	
Citizen Leadership in a Time of Confusion	Tuesday, May 21   1 - 3 pm	FREE	 REMOTE	

Complimentary Parking Permits will be distributed on the first day of your in-person classes.

\* FREE with Osher Membership.



## Membership Use separate forms for each person

<input type="checkbox"/> Membership Renewal	UCR Emeriti?*	UCR Retiree?*	UCR Palm Desert Partner?*
<input type="checkbox"/> New Membership	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N

**Part 1: Print Clearly**

First Name	Middle Initial	Last Name	
Address		City	
Phone	State	Zip Code	
Email			Birth Year

## Enroll Osher Membership, Osher LIFE Lecture Series and Osher Courses

<b>Part 1:</b> Required to enroll in Osher courses and events for September 2024 – June 2025		
<b>Annual Osher Membership Fee (September 2024- June 2025)</b> Membership fee is not an enrollment fee and is non-refundable. \$100.00	\$100.00	
<b>Part 2:</b> Enrolling in just one term of classes?		
<b>Current membership is required to enroll in Osher courses but a Spring 2024 Quarterly Osher Membership Fee is available.</b> Fees non-transferable	\$50.00	
<b>Part 3:</b> Current membership required to enroll in Osher courses (see Part 2).		
<b>Spring 2024 Osher Course Enrollment Fees</b>	Subtotal from p. 15	
<b>TOTAL FEES DUE</b>		

\*UCR Retirees, UCR Emeriti, UCR Palm Desert Partners and Alumni Association members receive \$20 discount on Osher Annual Membership for September 2024-June 2025. A limited number of needs-based scholarships are available. Please contact us at [olli@ucr.edu](mailto:olli@ucr.edu) for more information.

## Pay

**Part 6:** Choose one.

<p><b>Personal Check</b></p> <input type="checkbox"/> Check Amount: <input type="checkbox"/> (Payable to Regents-UC)	<p><b>Mail this form with payment to:</b>          Osher Lifelong Learning Institute          UCR Palm Desert Center          75-080 Frank Sinatra Drive, Palm Desert, CA 92211</p>
<p>How did you hear about us?</p> <input type="checkbox"/> Friend / Neighbor <input type="checkbox"/> Osher Catalog <input type="checkbox"/> Other	<input type="checkbox"/> Newspaper/Calendar Listing <input type="checkbox"/> UCR Palm Desert Website <input type="checkbox"/> UCR Palm Desert Newsletter <input type="checkbox"/> Osher Mailing List

Ready to Enroll, click here: [https://commerce.cashnet.com/ucr\\_osher](https://commerce.cashnet.com/ucr_osher)



# An Educational Program for Mature Learners

[palmdesert.ucr.edu/welcome-ucr-osher](http://palmdesert.ucr.edu/welcome-ucr-osher)

## Academic Calendar Spring 2024

- **Spring Quarter**  
April 16 – June 30, 2024
- **Summer Quarter**  
July 10 – August 18, 2024



**“REFER A FRIEND TO OSHER  
AND GET A FREE CLASS!”**

Want to spread the word about our vibrant learning community? Tell your friends about Osher! If a new member you referred joins, Osher will give you a credit for a free course of your choice. Learning with friends is a great way to socialize and meet more people. Refer a friend today!

## Locations

### Riverside

#### UCR Extension, University Village

1299 University Drive, University Village Suite 101,  
Conference Room 1103 (across from Chase Bank)  
Riverside, CA 92507

### Palm Desert

#### UCR Palm Desert Center

75-080 Frank Sinatra Drive  
Palm Desert, CA 92211

### Remote via Zoom

## Featured Course



### What is Healthy Eating? Foods and Fads. Facts and Fiction

This course is an overview of facts  
and fiction related to your every day nutrition.

Mondays, April 15-May 20, 1 - 3 pm



75-080 Frank Sinatra Drive, Palm Desert, CA 92211