

Spring 2023

OSHER  
LIFELONG  
LEARNING  
INSTITUTE

# An Educational Program for Mature Learners

**UCR** PALM DESERT

[palmdesert.ucr.edu/welcome-ucr-osher](http://palmdesert.ucr.edu/welcome-ucr-osher)

**UCR**

University Extension  
Professional Studies



## What it Means to be a UCR Osher Member

UCR Osher members are dynamic, engaging, and curious. They bring an eagerness to pursue personal learning through a mix of thought-provoking ideas, classes, lectures, discussions, special events and social activities. Members enjoy interacting with other like-minded mature adults 50 years and older as part of an active and vibrant community of lifelong learners and knowledge seekers.

## Why Join Osher

- Stay mentally fit in retirement years
- Discover social, cultural and academic interests
- Access to talented and knowledgeable presenters
- Network with other curiosity seekers
- Reconnect with new and old friends
- Conveniently scheduled courses and lectures
- Affordable pricing for stellar academic experiences
- Access to FREE lecture series and events

## “ “ What Osher Members Are Saying

“Barry and I love remote learning. Connections with other participants seem more intimate, even if we chose to just listen and not participate. Learning the Zoom technology is very easy, very user-friendly.”

– Glennie Feinsmith, Osher Member

“For us, personally, there are so many reasons why we enjoy the experience, part of it is the community of learners, part of it is that we learn something new from every class, and part of it is that there are things we never imagined we would be interested in or enjoy that we’ve come to love from the classes that we’ve taken.”

– Paul J. Gomez, Osher Member

“There are a lot of people who are or want to stay really mentally active and that’s amazing because I’ve read if you don’t stimulate your mind, it’s going to degrade – so you cannot put a value on that benefit,”

– Barry Schoenfeld,  
Osher Instructor



UCR Osher  
Spring 2023



Like Us On  
Facebook!

# Director's Message

Dear UCR Osher Members and friends of Osher,

Welcome to Osher at UCR's spring 2023 term. We've had our busiest season since March 2020 this past winter, and it has been an absolute joy to get to know you all more and watch you engage with one another. As always, I want to hear your feedback. Now, more than ever, is the time to reach out and share your ideas!

Welcome back to continuing Osher members, and greetings to new (and prospective) members! We are adults with wide-ranging interests in history, literature, the natural and social sciences, fine arts and special events. This past fall and winter have been very exciting – our first real engagement with in person courses on both the UCR Extension and the Palm Desert campuses since March 2020, alongside with Zoom classes for those who wished to participate from afar or from the comfort of home. There is truly something for everyone at Osher at UCR. Please help us continue to offer quality educational programming for mature adults by renewing your membership, signing up for courses, attending our free events, and donating to Osher. To learn about upcoming events, please make sure you are on our mailing list. Not sure? Email [olli@ucr.edu](mailto:olli@ucr.edu)

We know many of you remain concerned about COVID-19 and in-person courses and gatherings. Looking ahead, as always, the safety and well-being of our community remains a top priority. When on campus, the use of face coverings indoors are strongly recommended for all individuals who are up to date on COVID-19 vaccinations and required for anyone who is not up to date on vaccinations.

Inside you will find a listing of the Spring 2023 courses and events to round out this exciting membership year. Additional events will also be included in our weekly newsletter, so make sure to sign up! As Alexander Graham Bell said, "There cannot be mental atrophy in any person who continues to observe, to remember what he observes, and to seek answers for his unceasing hows and whys about things." I look forward to this upcoming term with you all and towards working together to make this program even more successful as we go forward.

Johnna Norris  
Director, UCR Osher Lifelong Learning Institute



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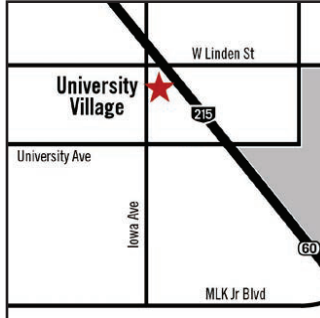
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# Spring 2023 Schedule

Spring 2023 Schedule – April 10-June 5, 2023

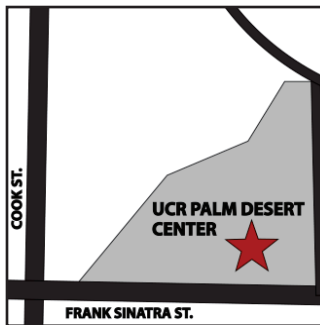
## IN-PERSON:



## Riverside

### UCR Extension, University Village

1299 University Drive, University Village Suite 101,  
Conference Room 1103 (across from Chase Bank)  
Riverside, CA 92507



## Palm Desert

### UCR Palm Desert Center

75-080 Frank Sinatra Drive  
Palm Desert, CA 92211

## REMOTE VIA ZOOM:

See pages 1-8 for more information on courses and locations

## Ways to Register

**ONLINE:** [https://commerce.cashnet.com/ucr\\_osher](https://commerce.cashnet.com/ucr_osher)

Print and mail a completed membership and enrollment form to:

**Mail:** UCR Palm Desert Center

75-080 Frank Sinatra Drive

Palm Desert, CA 92211

Make Checks payable to: Regents UC

**IN-PERSON:** UCR Palm Desert Center

Building A 75-080 Frank Sinatra Drive,  
Palm Desert, CA 92211

- Tues/Thurs. 2 – 5 pm and
- Wed, 9 am – 12 pm Tues/Thurs. 2 – 5 pm and
- Fri, 9 am – 12 pm

## Parking

Parking at UCR Extension Center

1200 University Ave. Riverside, CA 92507

Osher staff will be collecting license plate information for all registered students which will serve as your parking permit. Please email [olli@ucr.edu](mailto:olli@ucr.edu) or call 760-834-0929 with your license plate information when you register for class.

Parking at UCR Palm Desert Center

75-080 Frank Sinatra Dr. Palm Desert, CA 92211

Parking permits will be delivered on the first day of your classes.



## Remote Delivered Courses Spring 2023



**Fridays,  
April 14-May 19**  
6 meetings  
10 - Noon  
Class Fee \$35

### **Medieval Manuscript Art: Fables and Flowers from the 14th century**

Welcome Spring when all things are possible including day dreams of flowers, beasts and hobgoblins. A time when our thoughts turn to airier subjects and quotations that need an appropriate alphabet. Drawing and painting these whimsical initials are sure to delight and amuse both you, the artist, and the recipient. They easily accompany all good and happy greetings.

Risa Gettler, Designer, illustrator, Calligrapher. Her international and national experience teaching virtually offers a unique and gratifying learning experience. UCR instructor since 2013 and UCR Osher instructor since 2018.

Course Number Z101

**Mondays,  
April 17-May 22**  
6 meetings  
1 - 3 pm  
Class Fee \$35

### **From the Ten Commandments to the Truman Show: Film Music Composers from the 1950s to the 1990s**

This course explores how the top composers experience their struggles, secrets and how they find their groove to write the music for westerns, action films, comedy and romance, through the scores of composers like Elmer Bernstein (*The Magnificent Seven*), Jerry Goldsmith (*Alien*), Howard Shore (*Lord of the Rings*) and many more. Audiovisuals and anecdotes will explain how their music evolved in a world of changing trends.

Emanuel Abramovits has been a concert promoter since 2000, directly involved in many events by international artists, like Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, ASIA, Journey, Kenny G and many more. He has designed and staged many original orchestral events, including an Event of the Year winner and several world premieres. He served as the Cultural Director at UNION ISRAELITA DE CARACAS from 2008 to 2019, releasing books, organizing film cycles, concerts and art exhibits. He has been consistently teaching online and in person across the US since 2020.

Course Number Z102

**Mondays,  
April 17-May 22**  
6 meetings  
10 - Noon  
Class Fee \$35

### **CITRUS: All About Citrus Varieties, Tree Care & Their History with Personalities**

This course will explore the best of the named varieties of all the different types of citrus. Information on citrus culture and how to properly care for your trees will be presented. We will also discuss many of the key people in the history of citrus. Come learn about how to make your citrus thrive and the history behind these fantastic plants.

Tom Shea began teaching citrus classes to adults about 35 years, starting with Adult Education in Kona, Hawaii. He has taught classes to Master Gardeners in Hawaii and California as well as UCR's Extension and Osher programs as well as classes for the Arizona Desert Gardeners.

Course Number Z103

## Please Note:



These courses will be delivered remotely using Zoom.



You will need a computer, tablet, or smartphone with speaker or headphones.



You will receive an email notice from UCR Osher Lifelong Learning Institute at least one week prior to the course start.





## Remote Delivered Courses Spring 2023



**Tuesdays,**  
**April 18-May 23**  
6 meetings  
(no class May 16th)  
10 - 11:30 am  
Class Fee \$35

### **Ballet Stars of Tomorrow**

In this course, experience the talent and passion of tomorrow's brightest stars. On the cusp of their international fame, we will examine their early lives, and the best work with videos that showcase both classical and contemporary dance. Thrill to the brightest work from dancers from London's Royal Ballet School, New York's School of American Dance and Moscow's Bolshoi Ballet Academy, plus many others. Great music, exciting videos, and a discussion of these dancers' chances for international stardom. How do they compare to the stars of the past such as Rudolf Nureyev, Margot Fonteyn, Anthony Dowell or Gelsey Kirkland?

Barry Schoenfeld, B.S. is well informed opera, musical and theatre aficionado in addition to travelling and studying the history and cultures of countries around the world. UCR Osher instructor since 2019.

Course Number Z104

**Mondays,**  
**April 24-June 5**  
6 meetings  
(No class May 29)  
10 - Noon  
Class Fee \$35

### **Russian History through Cinematic Eyes**

This class will illuminate major events in Russian history and provide an opportunity to analyze various aspects of the country's past and present developments. After watching a variety of recommended films on their own, the students will have online sessions to learn more about Russia, its history, cultural heritage and everyday life. The follow up discussions will provide a platform for sharing different opinions and points of view about Russia's current state of affairs.

Elena Romine, Ph.D., Author, Russian educator and the author of the book *The Intimate diary of a Russian Woman*. UCR Osher instructor since 2004.

Course Number Z105



**Knowledge of what is does not open  
the door directly to what should be.”**

- Albert Einstein



## In-Person Courses | UCR Palm Desert Center Spring 2023

**Mondays,  
April 10-May 15**

6 meetings  
1 - 3 pm  
Class Fee \$55

### **Digging Deep: Gaining a Better Understanding of Diseases, Disorders, Diagnosis & Treatments Currently in the News**

Each member of the following alphabetized list, whether a disease, treatment, or problem in our environment, deserves a full understanding: Alzheimer's disease, Attention deficit/hyperactivity disorder, Autism, Chronic fatigue syndrome, Endocrine disruptors, Fibromyalgia, Hallucinogenic drugs as therapy, Impotence, Incontinence, Prediabetes, Prehypertension, and Stem cells. This course will describe the basic characteristic represented by each, try to provide the most current scientific evidence regarding their validity, importance, or problems so the student will gain a more comprehensive perspective.

Fred Abramson, PhD. received his A.B. in Chemistry from Western Reserve University in 1962 and his Ph.D. in Chemistry from Ohio State University in 1965. After two years of postdoctoral experience and five years in industry, he joined the Pharmacology Department at The George Washington University School of Medicine in 1972 and retired after 31 years on the faculty. He holds a long-term interest in transmitting science to the general population. He taught in continuing education programs soon after moving to La Quinta in 2004. Teaching science to non-scientists has become his passion. UCR Osher instructor since 2023.

Course Number P102







## In-Person Courses | UCR Palm Desert Center Spring 2023

**Tuesdays,  
April 11-May 16**  
6 meetings  
1 - 3 pm  
Class Fee \$55

### **Bob Dylan**

Explore the life, music, and lyrics of Bob Dylan, one of America's most enduring artists. Born Robert Allen Zimmerman, Dylan has been a major figure in popular culture for over 50 years. Emphasis will be on his work of the 60s and 70s when he wrote most of his well-known folk and rock songs including "Blowin' in the Wind" and "Like a Rolling Stone." Learn how the young troubadour, poet, author, and political activist evolved into the artist who ultimately won the Nobel Prize for Literature.

Mark Guerrero led the popular East Los Angeles band Mark & the Escorts, who recorded two singles for GNP Crescendo Records. Mark has also recorded as a solo artist for Ode Records, Capitol Records, and with his group Tango, for A&M Records. His songs have been recorded by Herb Alpert, Trini Lopez, Chan Romero, and his late father, Lalo Guerrero, "known as the Father of Chicano Music." As a Chicano and East L.A. music historian, Mark has written over a hundred articles, hosts a podcast, interviewed hundreds of artists, consulted for museums, and lectured at universities.

Course Number P103

**Wednesdays,  
April 12-May 17**  
6 meetings  
1 - 3 pm  
Class Fee \$55

### **Early Hollywood - Legends of the First Decades**

While some of us think of the 1930s and 1940s as Hollywood's "golden years," its beginnings in the Teens and Twenties established everything that it was to become in later decades. Join us in this exploration of D.W. Griffith, Thomas Ince, Mabel Normand, Mack Sennett, Charlie Chaplain, Buster Keaton, Mary Pickford, and Douglas Fairbanks. From triumphs and tech innovation to bankruptcies and scandals, early Hollywood paved the way for what was to come and what is still with us. The course will include lectures, discussion, and videos of documentaries and movie clips.

John Powers has taught for several universities and colleges in their life-long learning programs since 2013. By profession, he currently is a director of narrative and documentary films. He began his career as a screenwriter. Later, he turned to performing arts as a producer and presenter of live cultural events. Recently, he returned to filmmaking. He has published several fiction and non-fiction books. He is a graduate of the University of Southern California with an MFA and BFA in Drama.

Course Number P104





**Thursdays,  
April 13-May 18**  
6 meetings  
10 - Noon  
Class Fee \$55

### **The Week's News in Review**

An interactive discussion of events shaping the news each week. Media sources include, print, TV, the Internet and social media. You discuss politics, the economy, sports, show business and topics pulled from the "headlines."

William Maxwell, F.C.M.A., enjoyed a career in corporate finance for 6 years with Hyster and Hyster-Yale, based first in Europe, then for 20 years in Portland, Oregon. Mr. Maxwell retired as CFO of this \$2.5 billion sales corporation, and has been active in the UCR Osher program as both an instructor and member for the last 10 years. UCR Osher instructor since 2012.

Course Number P105

## **Early Registration Strongly Advised**

**Early registration strongly advised to ensure enrollment and prevent cancellation.**

(See Course Selection on Page 17)





## In-Person Courses | UCR Palm Desert Center Spring 2023

**Tuesdays,  
April 18-May 23**

6 meetings  
1 - 3 pm  
Class Fee \$55

### **Buddhism**

What is it? Who was the Buddha? How can it help me today?

Experience the calm of Buddhism even as you learn about the history, the man and the many who came after with their own applications and interpretations. From Siddhartha Guatama to His Holiness, and the Dalai Lama, Buddhism has shifted, adjusted and accepted change. Enjoy learning how and why such shifts, changes and the acceptance of them is really Buddhism at work.

Dr. Poland is a retired lawyer turned theologian and professor. She holds a BS in political science from UC Berkeley, a MA in religion from Claremont School of Theology, a MA in ethical leadership from Claremont Lincoln University, a JD from San Francisco Law School, and a PhD in philosophy of religion from Claremont Graduate University. She has been teaching at the college level since 1999 and lecturing with OLLI since 2005. Her areas of specialty based on her Ph.D. include Buddhism, Judaism, science and religion, and world religions.

Course Number P107

**Thursdays,  
April 20-May 25**

6 meetings  
1 - 4 pm  
Class Fee \$55

### **Dark Silhouettes: Private Eyes and Police Detectives in Film Noir**

According to Raymond Chandler, "Down these mean streets a man must go who is not himself mean, who is neither tarnished nor afraid. The detective in this kind of story must be such a man." Together through lecture and class discussion we will examine how well this ideal holds up as we watch and evaluate plots, major themes and key characterizations in the following six classic film noir movies squared off against one another as follows: *The Maltese Falcon* (1941) vs. *Kiss Me Deadly* (1955); *The Big Sleep* vs *Chinatown* (1974); and *Detective Story* (1951) vs. *L.A. Confidential* (1997).

Butch Epps has received his MFA degree from the UCLA Department of Film and Television's Independent Producers Program where he focused on story development and working with screenwriters. He also served as the academic liaison to high profile professional faculty, including studio heads, development executives, and others. Butch has taught over 30 film appreciation courses in the Coachella Valley over the past 9 years while developing a book - his magnum opus - on Orson Welles's Mercury Production of *Citizen Kane*.

Course Number P108

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## **Palm Desert**

**UCR Palm Desert Center**

75-080 Frank Sinatra Drive

Palm Desert, CA 92211



## In-Person | UCR Extension University Village (EUV) Spring 2023



**Thursday,  
April 13-May 18**  
6 meetings  
10 - Noon  
Class Fee \$55

### **Early Hollywood - Legends of the First Decades**

While some of us think of the 1930s and 1940s as Hollywood's "golden years," its beginnings in the Teens and Twenties established everything that it was to become in later decades. Join us in this exploration of D.W. Griffith, Thomas Ince, Mabel Normand, Mack Sennett, Charlie Chaplain, Buster Keaton, Mary Pickford, and Douglas Fairbanks. From triumphs and tech innovation to bankruptcies and scandals, early Hollywood paved the way for what was to come and what is still with us. The course will include lectures, discussion, and videos of documentaries and movie clips.

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Course Number EUV101

**Wednesdays,  
April 19-May 24**  
6 meetings  
1 - 3 pm  
Class Fee \$55

### **The Science of Meditation**

These days it is not surprising to hear someone speak about meditation. Professional athletes, celebrities, journalists, doctors, nurses, professors, firefighters, police officers -all meditate. Even Oprah meditates. Why has meditation found welcome in western culture and what do we know about meditation? In this course we will both look at the science of meditation as well as experience a range of practices during each class. Each week, you will develop a more clear understanding of how meditation is able to effectuate real physiological changes in the brain, the nervous system, and overall health. There are real benefits to meditation. Find out what science can tell us about meditation.

Beth Hill-Skinner, M.A. M.A., holds degrees in International Diplomacy with specialization in transnational terrorism, and Theology. She is an adjunct faculty member at Riverside Community College, and is well known as a professional speaker and educator. Beth has been an OSHER instructor since 2007.

Course Number EUV102

**Fridays,  
April 21-May 26**  
6 meetings  
10 - Noon  
Class Fee \$55

### **Between the Wars - The U.S., 1918-1941**

This six-week course examines key events, issues, and personalities of the 1920s and 1930s. In the "Roaring Twenties" the United States experienced an economic boom, which included much technological progress; in the 1930s it suffered through the worst economic depression in its history. The nation experienced much rapid cultural change during this period, but saw much conservative reaction in response to that cultural change as well. Politically, the election of Franklin D. Roosevelt in 1932 and the implementation of his New Deal significantly altered the relationship between American citizens and their government. Finally, in the late 1930s, as Europe drifted into another world war, the American people grappled with its implications for them. Whether one's interest is economics, popular culture, politics, or American foreign relations, the interwar period is a fascinating one.

Bob Ellingsen (M.A., U.C. Riverside, 1991) taught history at the high school and community college level for over thirty years. In addition, he has taught three OSHER classes in U.S. History the last three winter quarters, dealing notable American presidential elections, the 1920s and 1930s, and the "home front" during the Second World War.

Course Number EUV103





## In-Person | UCR Extension University Village (EUV) Spring 2023



**Thursday,**  
**April 20-May 25**  
6 meetings  
1 - 3 pm  
Class Fee \$55

### **The Week's News in Review**

An interactive discussion of events shaping the news each week. Media sources include, print, TV, the Internet and social media. You discuss politics, the economy, sports, show business and topics pulled from the "headlines."

*Karen Kane, M.S., is the daughter of elected public officials, and has a long history of being politically active. She stays on top of daily headlines, and enjoys engaging in lively conversations about current events. UCR Osher instructor since 2020. Allen E. Merrill, MBA, retired Treasury/Finance/Accounting/ HR/Liaison with outside legal counsel on various matters. UCR Osher instructor since 2021.*

Course Number EUV104



## **UCR Extension University Village (EUV)**

### **UCR Extension, University Village**

1299 University Drive, University Village Suite 101,  
Conference Room 1103 (across from Chase Bank)  
Riverside, CA 92507



## **Early Registration Strongly Advised**

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(See Course Selection on Page 17)

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THE EDWARD A. DICKSON EMERITUS/A  
PROFESSORSHIP LECTURE SERIES  
**Philosophical Understanding**

## About

UCR Retirees' and Emeriti Associations and UCR Osher present Professor Emeritus Larry Wright. His dissertation and most of his earliest work concerned teleological explanations, culminating in a monograph that helped spark a minor literature on the topic, but he has more recently devoted his time and energy primarily to investigating the relation between the concepts of argument and explanation, and the illusions generated by our competence with them. What should we expect of abstract reflection? A scarred veteran's meditation on the hopes and hazards of philosophical inquiry.

### **Recommended Reading:**

Critique of Pure Reason, I. Kant.

## When

DATE:

April 4, 2023

TIME:

3:30–5:00 p.m.

## Where

University village  
EUV-1103

## Register Online

through the retiree and emeriti webpage at:

[https://ucriverside.az1.qualtrics.com/jfe/form/SV\\_8w4loWsPwvrx6N8](https://ucriverside.az1.qualtrics.com/jfe/form/SV_8w4loWsPwvrx6N8)



The Edward A. Dickson Emeritus/a  
Professorship Lecture Series,

# Handful Of Gravel

By Juan Felipe Herrera



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## Featuring

Juan Felipe Herrera's  
"Handful of Gravel,"  
presented by UCR's  
Retirees' and Emeriti  
Associations and UCR  
Osher

## When?

May 12, 2023  
4:00 - 5:30 pm  
Reception following

## Register Online

through the retiree  
and emeriti webpage  
at:  
[https://ucriverside.azl.  
qualtrics.com/jfe/form/SV\\_8w4IoWsPwvr  
X6N8](https://ucriverside.azl.qualtrics.com/jfe/form/SV_8w4IoWsPwvrX6N8)

## Description

A live performance of US Poet  
Laureate Emeritus Juan Felipe  
Herrera's poetry about the War in  
Ukraine and the COVID-19  
pandemic. It features music, dance,  
voice, and screen imagery created  
by Herrera with a cast of performers  
who include UCR students and  
faculty. Departing from previous  
conceptions of poetry, this  
production presents poems as  
dynamic planes directly entangled  
in transmission and exchange within  
a radical field in space. It proposes  
that all things are related and  
influence each other.

# Paying it Forward

## Become a Friend of UCR Osher

Did you know that the Osher program is partially underwritten by the interest earnings of the 2007 endowment by the Bernard Osher Foundation, and the annual membership and quarterly class registration fees? Combined they are not enough to continue to grow our membership and expand the quality and quantity of learning experiences.

- » A 6-week course (includes facility fees, and presenter stipend)
- » Honorarium for your favorite Osher instructor

If you appreciate how the Osher Lifelong Learning Institute enriches your life, please consider giving to Osher. Your gift is an investment in our commitment to growing a community of lifelong learners and ensuring the long-term viability of the program. Your donations will go to underwriting the following activities:

- » Special events and field trips
- » Upgrades to technology

### Below are levels of support for you to choose.

*(Your gift may be 100% tax deductible. Federal Tax ID #23- 7433570. Check with your tax consultant to confirm.)*

- \$2,000 – (Membership in UCR Chancellor's Associates)
- \$1,500       \$1,000       \$500       \$250       \$100       Other

Or support in monthly installments (Credit card only)

- \$10/month for 12 months: \$120 total       \$20/month for 12 month: \$240 total       \$\_\_\_\_\_/month for \_\_\_\_ months

Please indicate the fund to gift:  Osher Lifelong Institute Fund     Osher LIFE Lecture Series Endowment  
 Richard (Dick) Stein Lecture Series

My gift is in honor/ memory of: \_\_\_\_\_

List my name as follows: \_\_\_\_\_

Donate online at <https://myadv.ucr.edu/OLLI/osher>

- I work/worked for a company that will match my gift.
- Please contact me about how I can benefit Osher through my will, living trust, or other giving options that don't require an immediate cash outlay.

### Questions? Contact:

Johnna D. Norris, Director | UCR Osher Lifelong Learning Institute | UCR Palm Desert | Johnna.Norris@ucr.edu  
75-080 Frank Sinatra Drive | Palm Desert, CA 92211 | (760) 834.0800 | olli@ucr.edu

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Phone: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Visa/Mastercard Number (print clearly): \_\_\_\_\_

Expiration Date Authorizing: \_\_\_\_\_

Signature: \_\_\_\_\_

Cash     Personal Check

**Make payment to: UCR Foundation**

### Mail this form with donation to:

UCR Foundation | 1136 Hinderaker Hall | Riverside, CA 92521





# Why *Teach* an Osher Course?



“Teaching ‘All Science Considered’ encourages me to think more deeply about the impact our topics have on our society. Class material should answer questions such as: “Why should participants be interested in a particular topic? And how it might affect their lives or the lives of their family?” I receive great enjoyment and satisfaction from both the preparation and the in-class interactions.”

— **Michael Luther,**  
UCR Osher instructor  
since 2016

## Share Your Expertise

The Osher program attracts current and retired faculty from University of California, Riverside, retired faculty from local and national colleges, and distinguished community leaders and other experts who enjoy sharing their knowledge and joy of teaching with our members. Classes are offered in Riverside at the UCR Extension University Village (EUV) and in the Coachella Valley at UCR Palm Desert Center.

WANTED: mind-expanding ideas and discussions on a variety of topics.

## Learning Formats Available

**Lectures:** Tuesday lectures series on timely and engaging topics. (Riverside location only at this time)

**Courses:** Multi-session, academic courses in a wide array of topics and delivery modes from in-person classroom instruction to remote delivered interactive instruction and demonstrations.

**Field Trips and Study Tours:** On site exploring and learning about cultural, historical and architectural events locally and internationally.

**Special Events:** Includes campus department lectures, and fun and entertaining events open to members and the general public.

**Lunch Bunch:** Another way for members to engage in cultural experiences through food while enjoying a meal together.

**Workshops:** Range from successful aging, financial wellness and creative activities.

If you enjoy teaching and sharing your knowledge, visit our website at [palmdesert.ucr.edu/welcome-ucr-osher](http://palmdesert.ucr.edu/welcome-ucr-osher) to submit a proposal. Proposals are accepted for the Winter, and spring quarters. For the Winter quarter, submit in April; for Winter, submit in August; and for spring, submit in November.

## Events

# Computers – past and present

Monday, April 17

10 am -Noon | UCR Palm Desert campus

Computer technology has made a giant stride, and it will be interesting to look at the history of computers and how it has evolved from a room-filling giant to a speck. History will help us understand the pace of change and how computers will be in our daily lives. A future series will explore how this technology will make an impact on us. Some interesting facts will amaze you – what word was created in the construction of the first computer is often used today; how did Microsoft become Microsoft?

Jag is a world-renowned authority and coveted speaker on management strategies, technology, and impact sourcing. His 50 years of leadership in globally known organizations have broadened his thinking and perspective. As an Indian-American, he has, as someone called it “an eastern soul with western thinking”. This allows him to bring a broad perspective to his consulting and speaking engagements.

Course Number L102



# Coveting Crimea—A Russian Obsession

Tuesday, April 18

2 - 4 pm | UCR Extension University Village

What is it with Russia? Why does it not only need to control, but occupy, the Crimean Peninsula? Why does Moscow claim it has the legal right to do so? How does history support or refute this assertion? What does Ukraine have to say about it? What does the populace have to say about it? This lecture is designed to answer these and other questions in one of the most disputed regions in the Eurasian theater.

Stephen G. Harding—Since his undergraduate days at UCLA, Steve has been an avid student of 19th and early 20th century political, socio-economic, geographic, and cultural history. His academic areas of interest include comparative government, political socialization, as well as local, national, and international systems of governance. UCR Osher instructor since 2016.

Course Number L103



UCR Osher  
Spring 2023

## Events

# Coveting Crimea—A Russian Obsession

Thursday, April 20

2 - 4 pm | UCR Palm Desert campus

What is it with Russia? Why does it not only need to control, but occupy, the Crimean Peninsula? Why does Moscow claim it has the legal right to do so? How does history support or refute this assertion? What does Ukraine have to say about it? What does the populace have to say about it? This lecture is designed to answer these and other questions in one of the most disputed regions in the Eurasian theater.

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Course Number L104



# Pentagon Papers: Commemorating a 50th Anniversary



Friday, May 12

3 - 5 pm | online via Zoom

On May 11, 1973, in the trial of United States v. Anthony Russo and Daniel Ellsberg, Judge William Byrne, Jr. ruled on the defense motion for a dismissal of all charges against the defendants based on the government's gross misconduct. The court learned two weeks earlier that burglars had broken into Ellsberg's psychiatrist's office at the direction of the White House. Byrne granted the motion, writing that "the bizarre events have incurably infected the prosecution of this case." In a two-hour online presentation, Osher instructor John Powers will lead an exploration into the events surrounding the drafting of the Vietnam Study, the so-called secret history of United States involvement in Southeast Asia, and its disclosure to the print media in June 1971. The public revelation of the Pentagon Papers will lead directly to crimes by the Nixon Administration and to the resignation of the President.

John Powers, M.F.A., is a writer and director with experience in theater and film. Drawing on recent U.S. history as source material for a number of his productions, he has also developed this material into provocative classroom engagements, such as *Nixon and the Pentagon Papers, 1968: The Year That Rocked*, and *Pearl Harbor Reconsidered*. UCR Osher instructor since 2013.

Course Number L105

## Events

# Nutrition for Nature: Action for Planetary Health



**Tuesday, May 23**

**1:30 - 3 pm | UCR Extension University Village**

We are at a critical juncture in the Earth System. Anthropogenic climate change, biodiversity loss, unrelenting greenhouse gas emissions, and plastics pollution have created untenable circumstances for fauna, flora, and humanity. To avoid irrepressible damage, we must substantially reduce carbon emissions while bolstering nature and reversing environmental degradation. Hence, this presentation will empower learners to simultaneously create benefits for biodiversity and planetary health.

Dr. Irana Hawkins is a Registered Dietitian Nutritionist and an active researcher, author, and educator. Her scholarly work focuses on the nexus of whole plant-foods nutrition, biodiversity preservation, and planetary health. Her forthcoming book *Creating Planetary Resilience with Food and Health* (CRC Press) will be published in 2023. A tireless advocate for the natural environment, Irana is a Certified California Naturalist, a Master Recycler/Composter, and a Native Plant Steward.

Course Number L106

# Geology, Landforms, Earthquake Faults and Water in our Valley

**Tuesday, June 6**

**10 - Noon | UCR Palm Desert campus**

Learn how the Colorado portion of the Sonoran Desert was created starting with the collision of the Farallon Tectonic Plate with the North American Plate approximately one hundred and fifty million years ago thus the creation of our valley and the four most active faults in California. We will also cover the role of water, our aquifer, Ancient Lake Cahuilla, Colorado River, and the proposals for restoring the Salton Sea.

Kerry was born and raised in Southern California. He spent most of his time after school exploring the San Fernando Arroyo (which has now become Interstate 5) for lizards, snakes, turtles, fossils, and anything else of interest. Kerry also serves as a Hike Leader for the Friends of the Desert Mountains program and a docent at the Coachella Valley Preserve. Most of all, Kerry enjoys giving informative talks and private guided tours of the Colorado Sonoran Desert. He holds a Desert Guide Trail Degree.

Course Number L107



**UCR Osher**  
Spring 2023

# Time to create your best work



The UC Riverside Palm Desert Low-Residency MFA is one of the premier writing programs in the world. Our alumni include national and international best-selling authors, Emmy Award winners, PEN USA finalist playwrights, acclaimed journalists and memoirists, award-winning poets, top television and film producers, and even a member of Congress. Choose from program tracks in fiction, nonfiction, playwriting, poetry, and writing for both television and the big screen. Select a secondary genre as a minor or try something new every term.

Apply now! [Details can be found here.](#)



# Select Your Osher Courses

Select course, add fees and complete reverse side.

Early registration is strongly advised to ensure enrollment and prevent cancellation. Click on each course title to access course information.

Course Title	Start Date / Time	Fee	Delivery Mode / Location	Subtotal
Medieval Manuscript Art: Fables and Flowers from the 14th century	Fridays, April 14-May 19   10 - Noon Course Number Z101	\$35	 REMOTE	
From the Ten Commandments to the Truman Show: Film Music Composers from the 1950s to the 1990s	Mondays, April 17-May 22   1 - 3 pm Course Number Z102	\$35	 REMOTE	
CITRUS: All About Citrus Varieties, Tree Care & Their History with Personalities	Mondays, April 17-May 22   10 - Noon Course Number Z103	\$35	 REMOTE	
Ballet Stars of Tomorrow	Tuesdays, April 18-May 23   10 - 11:30 am Course Number Z104	\$35	 REMOTE	
Russian History through Cinematic Eyes	Mondays, April 24-June 5   10 - Noon Course Number Z105	\$35	 REMOTE	
Digging Deep: Gaining a Better Understanding of Diseases, Disorders, Diagnosis & Treatments Currently in the News	Mondays, April 10-May 15   1 - 3 pm Course Number P102	\$55	 Palm Desert Center	
Bob Dylan	Tuesdays, April 11-May 16   1 - 3 pm Course Number P103	\$55	 Palm Desert Center	
Early Hollywood - Legends of the First Decades	Wednesdays, April 12-May 17   1 - 3 pm Course Number P104	\$55	 Palm Desert Center	
The Week's News in Review	Thursdays, April 13-May 18   1 - 3 pm Course Number P105	\$55	 Palm Desert Center	
Buddhism	Tuesdays, April 18-May 23   1 - 3 pm Course Number P107	\$55	 Palm Desert Center	
Dark Silhouettes: Private Eyes and Police Detectives in Film Noir	Thursdays, April 20-May 25   1 - 4 pm Course Number P108	\$55	 Palm Desert Center	
Early Hollywood - Legends of the First Decades	Thursday, April 13-May 18   10 - Noon Course Number EUV101	\$55	 EUV-Riverside	
The Science of Meditation	Wednesdays, April 19-May 24   1 - 3 pm Course Number EUV102	\$55	 EUV-Riverside	
Between the Wars - The U.S., 1918-1941	Fridays, April 21-May 26   10 - Noon Course Number EUV103	\$55	 EUV-Riverside	
The Week's News in Review	Thursday, April 20-May 25   1 - 3 pm Course Number EUV104	\$55	 EUV-Riverside	
The Edward A. Dickson Emeritus/a Professorship Lecture Series, 2022-2023: Philosophical Understanding	Tuesday, 4 April 2023   3:30 - 5 pm Course Number D101	FREE with Osher Membership	 EUV-Riverside	
The Edward A. Dickson Emeritus/a Professorship Lecture Series, 2022-2023: Philosophical Understanding	Friday, 12 May 2023   4 - 5:30 pm Course Number D102	FREE with Osher Membership	 EUV-Riverside	

Complimentary Parking Permits will be distributed on the first day of your in-person classes.

\* FREE with Osher Membership.



## Membership Use separate forms for each person

<input type="checkbox"/> Membership Renewal <input type="checkbox"/> New Membership	UCR Emeriti?* <input type="checkbox"/> Y <input type="checkbox"/> N	UCR Retiree?* <input type="checkbox"/> Y <input type="checkbox"/> N	UCR Palm Desert Partner?* <input type="checkbox"/> Y <input type="checkbox"/> N
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<b>Part 1: Print Clearly</b>			
First Name	Middle Initial	Last Name	
Address		City	
Phone	State	Zip Code	
Email			Birth Year

## Enroll Osher Membership, Osher LIFE Lecture Series and Osher Courses

<b>Part 1:</b> Required to enroll in Osher courses and events for September 2022 – June 2023		
<b>Annual Osher Membership Fee (September 2022- June 2023)</b> Membership fee is not an enrollment fee and is non-refundable. \$150.00	\$150.00	
<b>Part 2:</b> Enrolling in just one term of classes?		
<b>Current membership is required to enroll in Osher courses but a Spring 2023 Quarterly Osher Membership Fee is available.</b> Fees non-transferable	\$70.00	
<b>Part 3:</b> Current membership required to enroll in Osher courses (see Part 2).		
<b>Spring 2023 Osher Course Enrollment Fees</b>	Subtotal from p. 17	
<b>TOTAL FEES DUE</b>		

\*UCR Retirees, UCR Emeriti, UCR Palm Desert Partners and Alumni Association members receive \$20 discount on Osher Annual Membership for September 2022-June 2023. A limited number of needs-based scholarships are available. Please contact us at [olli@ucr.edu](mailto:olli@ucr.edu) for more information.

## Pay

<b>Part 6:</b> Choose one.			
<b>Personal Check</b> <input type="checkbox"/> Check Amount: <input type="checkbox"/> (Payable to Regents-UC)		<b>Mail this form with payment to:</b> Osher Lifelong Learning Institute UCR Palm Desert Center 75-080 Frank Sinatra Drive, Palm Desert, CA 92211	
How did you hear about us?	<input type="checkbox"/> Friend / Neighbor <input type="checkbox"/> Osher Catalog <input type="checkbox"/> Other	<input type="checkbox"/> Newspaper/Calendar Listing <input type="checkbox"/> UCR Palm Desert Website	<input type="checkbox"/> UCR Palm Desert Newsletter <input type="checkbox"/> Osher Mailing List

Ready to Enroll, click here: [https://commerce.cashnet.com/ucr\\_osher](https://commerce.cashnet.com/ucr_osher)



# An Educational Program for Mature Learners

[palmdesert.ucr.edu/welcome-ucr-osher](http://palmdesert.ucr.edu/welcome-ucr-osher)

## Academic Calendar Spring 2023

- **Winter Quarter**  
January 10- March 31, 2023
- **Spring Quarter**  
April 3 – June 5, 2023
- **Summer Quarter**  
July 10 – August 18, 2023



**“REFER A FRIEND TO OSHER  
AND GET A FREE CLASS!”**

Want to spread the word about our vibrant learning community? Tell your friends about Osher! If a new member you referred joins, Osher will give you a credit for a free course of your choice. Learning with friends is a great way to socialize and meet more people. Refer a friend today!

## Locations

### Riverside

#### UCR Extension, University Village

1299 University Drive, University Village Suite 101,  
Conference Room 1103 (across from Chase Bank)  
Riverside, CA 92507

### Palm Desert

#### UCR Palm Desert Center

75-080 Frank Sinatra Drive  
Palm Desert, CA 92211

### Remote via Zoom

## Featured Course



### Bob Dylan

Tuesdays, April 11-May 16, 1 - 3 pm  
See page 4.



75-080 Frank Sinatra Drive, Palm Desert, CA 92211