



An Educational Program for Mature Learners

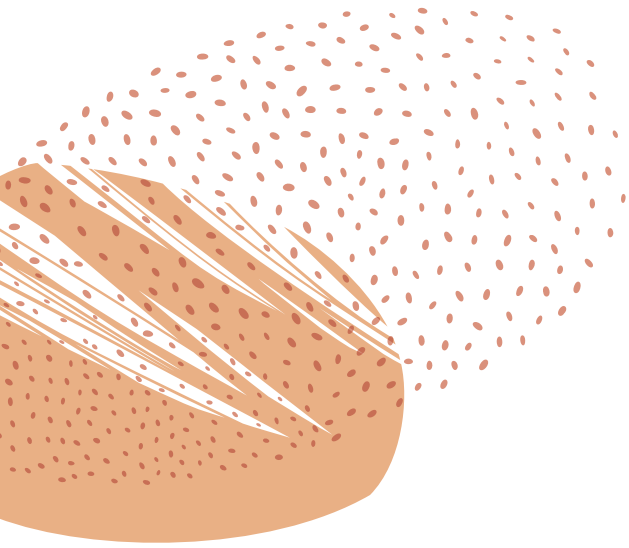


What it Means to be a UCR Osher Member

UCR Osher members are dynamic, engaging, and curious. They bring an eagerness to pursue personal learning through a mix of thought-provoking ideas, classes, lectures, discussions, special events and social activities. Members enjoy interacting with other like-minded mature adults 50 years and older as part of an active and vibrant community of lifelong learners and knowledge seekers.

Why Join Osher

- Stay mentally fit in retirement years
- Discover social, cultural and academic Interests
- Access to talented and knowledgeable presenters
- Network with other curiosity seekers.
- Reconnect with new and old friends
- Conveniently scheduled courses and lectures
- Affordable pricing for stellar academic experiences.
- Access to FREE lecture series and events.
- Access to the online video library of recorded lectures



“ “ What Osher Members Are Saying

“Barry and I love remote learning. Connections with other participants seem more intimate, even if we chose to just listen and not participate. Learning the Zoom technology is very easy, very user-friendly.”

– Glennie Feinsmith, Osher Member

“Just finished another Osher class and I LOVED it! What a great way to enrich your mind and life. It is a pleasure to be with others who also love to continue learning!”

– Christine Waaijenberg Miller,
Osher Member

“Osher is about education continued and shared with lovers of knowledge and life-long personal growth. Join us on this journey.”

– Paul J. Gomez, Osher Member



UCR Osher
Fall 2022



Like Us On
Facebook!

Director's Message



Dear UCR Osher Members and friends of Osher,

Welcome to Osher at UCR's fall 2022 term. I am so pleased to be joining the incredible team at UCR as Osher director and look forward to engaging with Osher members, instructors, friends, and campus and community members in the coming months. This is your program, and I want to hear your feedback.

I would like to thank former OLLI Director, Sandra Richards, for her guidance during this time of transition and appreciate all she has done to not only herald Osher at UCR through the challenges associated with the pandemic, but also for her diligent work on the fall 2022 schedule. I sincerely wish Sandra all the best in her retirement.

Welcome back to continuing Osher members, and greetings to new (and prospective) members! We are adults with wide-ranging interests in history, literature, the natural and social sciences, fine arts and special events. The 2022-2023 membership year will be an opportunity to rebuild Osher at UCR with in-person courses and events on both the Riverside and Palm Desert campuses. We will also offer online courses for those who prefer to learn from home or wish to continue taking courses while they are abroad. There is truly something for everyone this fall at Osher at UCR. Please help us continue to offer quality educational programming for mature adults by renewing your membership and signing up for courses today!

We know many of you remain concerned about COVID-19 and in-person courses and gatherings. Looking ahead to fall, as always, the safety and well-being of our community remains a top priority. When on campus, the use of face coverings indoors are strongly recommended for all individuals who are up to date on COVID-19 vaccinations and required for anyone who is not up to date on vaccinations.

Inside you will find a listing of the Fall 2022 courses and events to start the membership year. As John Dewey said, "Education is not preparation for life; education is life itself". I look forward to taking this journey with you...

Johnna Norris
Director, UCR Osher Lifelong Learning Institute

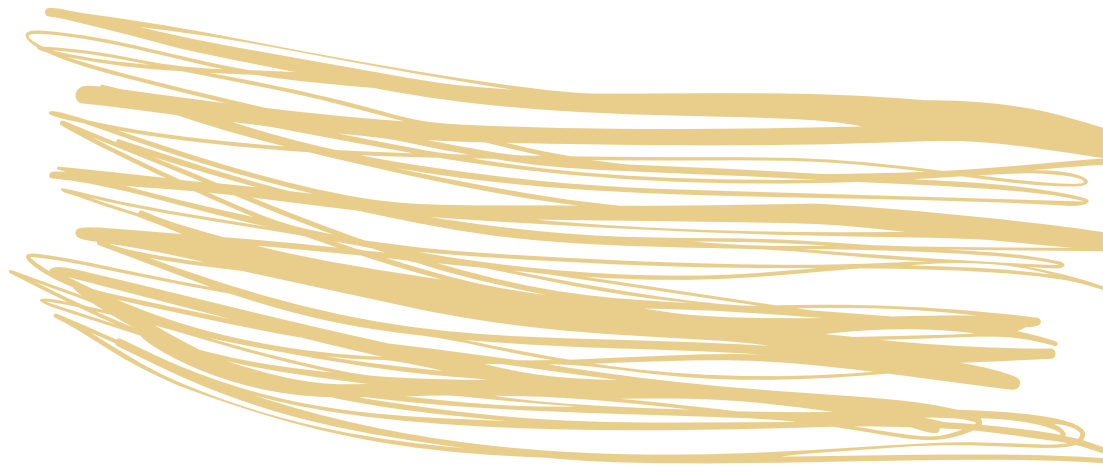


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Fall 2022 Schedule

September 13, 2022-December 15, 2022

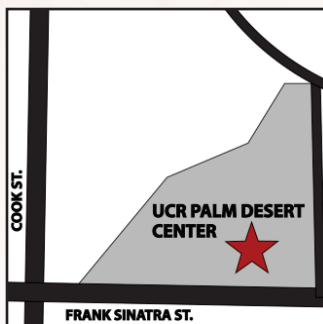
IN-PERSON:



Riverside

UCR Extension, University Village

1299 University Drive, University Village Suite 101,
Conference Room 1103 (across from Chase Bank)
Riverside, CA 92507



Palm Desert

UCR Palm Desert Center

75-080 Frank Sinatra Drive
Palm Desert, CA 92211

REMOTE VIA ZOOM:

See pages 1-8 for more information on courses and locations

Ways to Register

ONLINE: https://commerce.cashnet.com/ucr_osher

Print and mail a completed membership and enrollment form to:

Mail: UCR Palm Desert Center

75-080 Frank Sinatra Drive

Palm Desert, CA 92211

Make Checks payable to: Regents UC

Call: 760-834-0929 Mon - Fri 10 am – 2 pm

IN-PERSON: UCR Palm Desert Center

Building A 75-080 Frank Sinatra Drive,
Palm Desert, CA 92211

• Mon - Fri 10 am – 2 pm

Parking

Parking at UCR Extension Center

1200 University Ave. Riverside, CA 92507

Parking permits will be delivered on the first day of your classes.

Parking at UCR Palm Desert Center

75-080 Frank Sinatra Dr. Palm Desert, CA 92211

Parking permits will be delivered on the first day of your classes.



Remote Delivered Courses

Fall 2022



Monday, September 19-October 31

6 meetings
(No class on October 10)
10 - Noon
Class Fee \$35

Cinematic Exploration: The Bonds Between Humans and their Pets

This class is a tribute to our unfailing friends, companions and often family members – our pets. Our exploration of the connection and impact of pets on our lives and well-being will begin with dogs and cats with others to follow: horses, birds, and others. The films to be screened on your own will present opportunities for you to better understand the animal world, and the mutually beneficial human-animal bonds created. Full of funny, humorous, touching, and at times sad stories from domestic and foreign films that will evoke fond past and present memories. All pet owners are welcomed to join us in pet-friendly discussion that can and should also include participation of your pets.

Elena Romine, Ph.D., Author, Russian educator and the author of the book “The Intimate diary of a Russian Woman”. UCR Osher instructor since 2004.

Course Number Z100

Tuesdays, September 27-November 15

8 meetings
10 - Noon
Class Fee \$60

Judicial Issues in the News

This interactive course lets you experience the legal and criminal justice systems from the view of the judge’s chair. A series of weekly topics and videos will lead to discussions of current and past legal issues, decisions, and consequences that affect our individual lives.

Gary Bindman, J.D., was a practicing attorney and served on the bench of the Los Angeles Superior and Municipal Courts for more than 25 years. UCR Osher instructor since 2014.

Course Number Z101

Fridays, September 30-November 4

6 meetings
10 - Noon
Class Fee \$35

Art From Medieval Manuscripts: Medieval Autumn

The medieval manuscripts offer us views into medieval lives and activities. Many begin with the astrological signs, illustrated in golden rodels, associated with the seasons. Autumn was a time for both hunting boars and teaming with boars to hunt for truffles. It was a time for vineyard harvests and gathering acorns all done amidst the brilliant fall foliage. We will be exploring and reproducing Autumn images each week whilst learning reproductive art techniques that were developed during the middle ages, used throughout the Renaissance and are still employed today. No previous art experience required, just a love and curiosity for drawing and painting.

Risa Gettler, Designer, illustrator, Calligrapher. Her international and national experience teaching virtually offers a unique and gratifying learning experience. UCR instructor since 2013 and UCR Osher instructor since 2018.

Course Number Z102

Please Note:



These courses will be delivered remotely using Zoom.



You will need a computer, tablet, or smartphone with speaker or headphones.

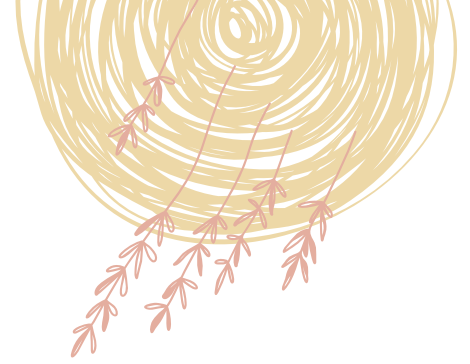


You will receive an email notice from UCR Osher Lifelong Learning Institute at least one week prior to the course start.





Remote Delivered Courses Fall 2022



**Friday,
September 30-November 11**
6 meetings
(No class on October 14)
1 - 3 pm
Class Fee \$35

The New York Melting Pot: 1880-1940

The term melting pot originated in 1908 by Isreal Zangwill. At first, it was used as a metaphor to define the union of several cultures, ethnicities, and nationalities. The opportunities for such unions in New York attracted massive amounts of immigrants to the United States. In fact, immigration to New York was at an all-time high in 1910 when 41% of New Yorkers were immigrants when several ethnic groups from Eastern and Southern Europe were migrating to the United States. Where did they settle? What did they bring? How did they mix (or not)? What do we have to thank each group for in today's culture? Using archival footage and videos, take a trip through the multiple entry ports to New York, and see the world through the eyes of an immigrant of the last century.

Barry Schoenfeld, B.S. is well informed opera, musical and theatre afficiando in addition to travelling and studying the history and cultures of countries around the world . UCR Osher instructor since 2019.

Course Number Z103

**Wednesday,
October 26-December 4**
6 meetings
(No class on November 23)
10 - 11:30 am
Class Fee \$35

The Science, Literature and Cinema of Frankenstein

The course will explore the Frankenstein franchise from the beginning with Mary Shelly's original novel into the present with emphasis on various elements of literature, science, art, and, of course, all the many films and productions featuring the Frankenstein Monster.

Mark Glassy, Ph.D. is a Visiting Scholar in the Translational Neuro-Oncology Laboratory of the UCSD Moores Cancer Center. He is the Founder and Chairman of Nascent Biotech, Inc., a member of the Advisory Board of the UCR School of Medicine, and has directed several FDA approved clinical trials involving human monoclonal antibodies to cancer. Dr. Glassy is the inventor of Pritumumab, the first human antibody used to treat a cancer patient, and the recipient of the 2003 Arthur Furst Award for outstanding research advancing science for the betterment of humanity. UCR Osher instructor since 2020.

Course Number Z104



**Knowledge of what is does not open
the door directly to what should be.”**

- Albert Einstein



In-Person Courses | UCR Palm Desert Center

Fall 2022

**Tuesday,
September 13-October 180**
6 meetings
10 - Noon
Class Fee \$55

The Literature of AIDS: Gay Men Respond to a Crisis

This class explores the literary response to the AIDS crisis as it emerged in gay American culture in the 1980s and 1990s. You will read and contemplate the literary and political/culture effect of memoirs, novels, plays, poetry and essays. The course will have an historical emphasis, but it will also spend some time considering the status of the literary response to AIDS in the twenty-first century as well.

George E. Haggerty, is a Distinguished Professor of English Emeritus at the University of California, Riverside. His books include Gothic Fiction/Gothic Form (1989); Unnatural Affections: Women and Fiction in the Later Eighteenth Century (1998); Men In Love: Masculinity and Sexuality in the Eighteenth Century (1999); Queer Gothic (2006); Horace Walpole's Letters: Masculinity and Friendship in the Eighteenth-Century (2011); and Queer Friendship: Male Intimacy in the English Literary Tradition (2018). He has also edited (with Bonnie Zimmerman) Professions of Desire: Lesbian and Gay Studies in Literature (1995); Gay Histories and Cultures: An Encyclopedia (2000), Music and Sexuality in Britten: Selected Essays of Philip Brett (2006), and (with Molly McGarry) The Blackwell Companion to Lesbian, Gay, Bisexual, Transgender, and Queer Studies(2007). He is currently at work on Horace Walpole: A Life in Letters.

Course Number PDC100

**Tuesday,
September 13-October 180**
6 meetings
10 - Noon
Class Fee \$55

The Week's News in Review - PART ONE

An interactive discussion of events shaping the news each week. Media sources include, print, TV, the Internet and social media. You discuss politics, the economy, sports, show business and topics pulled from the "headlines."

William Maxwell, F.C.M.A., enjoyed a career in corporate finance for 6 years with Hyster and Hyster-Yale, based first in Europe, then for 20 years in Portland, Oregon. Mr. Maxwell retired as CFO of this \$2.5 billion sales corporation, and has been active in the UCR Osher program as both an instructor and member for the last 10 years. UCR Osher instructor since 2012.

Course Number PDC101

**Wednesday,
October 26-December 7**
6 meetings
(No class November 23)
10 - Noon
Class Fee \$55

History of Impressionism in Art from Monet to Van Gogh

Impressionism was a radical art movement that began around 1860, primarily with Parisian painters with Claude Monet as its leader. Initially derided by critics, impressionism has since been embraced as one of the most popular and influential art styles in Western history. This course will discuss the importance of Impressionism and show the art of the important impressionists' painters such as Claude Monet, Pierre-Auguste Renoir, Paul Cézanne, Berthe Morisot, Camille Pissarro and many others.

Albert Koetsier, M.S., has more than 60 years of both practical and theoretical experience as a professional photographer. He has been teaching courses about and sharing his deep interests in history, art, and photography for over 40 years. UCR Osher instructor since 2012.

Course Number PDC103





In-Person Courses | UCR Palm Desert Center Fall 2022

**Thursday,
October 27-December 8**
6 meetings
(No class November 24)
10 – Noon
Class Fee \$55

The Week's News in Review - Part Two

An interactive discussion of events shaping the news each week. Media sources include, print, TV, the Internet and social media. You discuss politics, the economy, sports, show business and topics pulled from the “headlines.”

William Maxwell, F.C.M.A., enjoyed a career in corporate finance for 6 years with Hyster and Hyster-Yale, based first in Europe, then for 20 years in Portland, Oregon. Mr. Maxwell retired as CFO of this \$2.5 billion sales corporation, and has been active in the UCR Osher program as both an instructor and member for the last 10 years. UCR Osher instructor since 2012.

Course Number PDC104

**Thursday,
October 27-December 8**
6 meetings
(No class on November 24)
10 – Noon
Class Fee \$55

The History of American Cinema

This course will explore the development of America’s motion picture industry from the pre-cinema era to the introduction of sound in commercial film. The course is a history survey and will include a discussion of the inventions that made movies possible, how the concept of watching pictures “move” became understood and accepted, the early pioneers in film in the US and Europe, the establishment of the studios in Hollywood, and the influence of movies on the Industrial Age’s new middle class. The intended audience will be those interested in the early years of motion pictures, but the class should also appeal to anyone attracted to American history of the early 20th century, its Industrial Revolution and the social and cultural upheaval associated with the rise of urbanism and mass consumption.

Craig Ewing was a city planner for over 30 years and has led lectures for planning conferences. A fan of classic movies for many years, Craig formed the Palm Springs Classic Movies Fan Club. He is also a student of history with a special interest in the Industrial Revolution. UCR Osher Instructor since 2022.

Course Number PDC105

**Thursday,
October 27-December 8**
6 meetings
(No class on November 24)
1 – 3 pm
Class Fee \$55

Heroines of Historical Fiction: Ten Thousand Waves of Women's Voices

Come explore memoirs, stories and fiction written by contemporary women authors reflecting the transformation experienced through pivotal stages of history. The women authors who were selected, and are bringing more insight into the journeys of women at this time in our lives, include: *The Personal Librarian* and *The Only Woman in the Room* by Marie Benedict; *Writers and Lovers* by Lily King; *City of Girls* by Elizabeth Gilbert; *Dreams of Joy* by Lisa See; *The Long Petal of the Sea* by Isabel Allende.

Katya Williamson, MFA, has spent more than 20 years helping women in England, the western United States, and Hawaii find their authentic voices in writing. Williamson is the author of *Bringing the Soul Back Home: Writing in the New Consciousness*. UCR Osher instructor since 2012.

Course Number PDC106

**Tuesdays,
November 1-December 6**
6 meetings
10 – Noon
Class Fee \$55

Early Abstract Expressionism

Beginning in the 1940s during a period of political contrasts and intellectual rebelliousness, NYC established itself as the international center for modern art. In this course we will look closely at the art and writings of Robert Motherwell, Willem DeKooning, Jackson Pollock, Richard Pousette-Dart, William Baziotis, Franz Kline, Mark Rothko, Clement Greenberg, Harold Rozenberg, Lee Krasner, Helen Frankenthaler, Joan Mitchell, and many more. Together these artists and critics rebelled against the status quo in art and established abstract expressionism as the future to the international avant-garde art movement.

Mark Johnson, B.A., Painter/Printmaking, Bennington College. UCR Osher Instructor since 2019.

Course Number PDC107

Early Registration Strongly Advised

Early registration strongly advised to ensure enrollment and prevent cancellation.
(See Course Selection on Page 13)



In-Person Courses | UCR Palm Desert Center

Fall 2022



Wednesdays,

November 2-December 14

6 meetings
(No class on November 23)
1 - 3 pm
Class Fee \$55

Profiles in Deceit: JFK & LBJ on Vietnam

If you came of age when the war in Vietnam was in the daily news, you may wonder how it all began. Would it surprise you to know that crucial decisions were made by both President Kennedy and President Johnson in 1963? That was the year that United States political and military policies in Southeast Asia took a sharp turn. Employing the research of John M. Newman and others, this course will examine how both of these presidents sought to deceive the American people in order to win an election. The gate to America's great political and military disaster of the late 20th century is surveyed, which also includes an examination of the Bay of Pigs Incident, the Berlin Wall Crisis, and the Cuban Missile Crisis.

John Powers, M.F.A., is a writer and director with experience in theater and film. Drawing on recent U.S. history as source material for a number of his productions, he has also developed this material into provocative classroom engagements, such as Nixon and the Pentagon Papers, 1968: The Year That Rocked, and Pearl Harbor Reconsidered. UCR Osher instructor since 2013.

Course Number PDC108

Tuesdays,

November 8-December 3

6 meetings
10 - Noon
Class Fee \$55

Ukraine - A Troubled History

Ukraine has a complex and troubled history. For hundreds of years, Ukraine was controlled by Lithuania, Poland, Sweden, the Mongols, the Turks, Austria-Hungary, and Russia. There are few geographical boundaries in the eastern most parts of Europe where conquering armies continuously planted and re-planted varying imperial flags. As a result, Ukraine's borders, language, and identity itself, have changed several times. Most often, it has been marked with variations in culture, language, and conscience. This course will explore Ukraine during the times of the Romanovs, the Ukrainian People's Republic of Soviets, and the formation of the Ukrainian Soviet Socialist Republic. By course end, you will have a better understanding of the Ukraine of today. It's history of invasion continues.

Stephen G. Harding--Since his undergraduate days at UCLA, Steve has been an avid student of 19th and early 20th century political, socio-economic, geographic, and cultural history. His academic areas of interest include comparative government, political socialization, as well as local, national, and international systems of governance. UCR Osher instructor since 2016.

Course Number PDC109

We know many of you remain concerned about COVID-19 and in-person courses and gatherings. As always, the safety and well-being of our community remains a top priority. When on campus, the use of face coverings indoors are strongly recommended for all individuals who are up to date on COVID-19 vaccinations and required for anyone who is not up to date on vaccinations. Campus Covid policies are subject to change.



Palm Desert

UCR Palm Desert Center

75-080 Frank Sinatra Drive
Palm Desert, CA 92211





In-Person | UCR Extension University Village (EUV) Fall 2022



**Wednesdays,
September 14-October 19**
6 meetings
10 - Noon
Class Fee \$55

Why Did the Soviet Union Collapse?

The Ukraine crisis has put Russia, Eastern Europe, the US, and NATO back into the center stage of world events. Why have conflicts thought to have ended with Ronald Reagan's declaration of "victory" in the Cold War emerged again? Has the global economy made the major industrial nations adversaries while their peoples want peace and prosperity? This course will trace the roots of the present conflict back to the dissolution of the USSR.

Michael Hayman, M.A., taught English and American literature for more than 25 years with the goal of helping students understand the relationship between politics, economics, culture, and art. He believes that "the study of history gives us hope" that we can better understand the contemporary world. UCR Osher instructor since 2019.

Course Number EUV100

**Wednesdays,
September 14-October 19**
6 meetings
1 - 3 pm
Class Fee \$55

History of Impressionism in Art from Monet to Van Gogh

Impressionism was a radical art movement that began around 1860, primarily with Parisian painters with Claude Monet as its leader. Initially derided by critics, impressionism has since been embraced as one of the most popular and influential art styles in Western history. During the class we will discuss the importance of Impressionism and show the art (paintings) of the important impressionists' painters such as Claude Monet, Pierre-Auguste Renoir, Paul Cézanne, Berthe Morisot, Camille Pissarro and many others.

Albert Koetsier, M.S., has more than 60 years of both practical and theoretical experience as a professional photographer. He has been teaching courses about and sharing his deep interests in history, art, and photography for over 40 years. UCR Osher instructor since 2012.

Course Number EUV101

**Thursdays,
September 15-October 20**
6 meetings
10 - Noon
Class Fee \$55

The Week's News in Review

An interactive discussion of events shaping the news each week. Media sources include, print, TV, the Internet and social media. You discuss politics, the economy, sports, show business and topics pulled from the "headlines."

Karen Kane, M.S., is the daughter of elected public officials, and has a long history of being politically active. She stays on top of daily headlines, and enjoys engaging in lively conversations about current events. UCR Osher instructor since 2020. Allen E. Merrill, MBA, retired Treasury/Finance/Accounting/ HR/Liaison with outside legal counsel on various matters. UCR Osher instructor since 2021.

Course Number EUV102

**Wednesday,
November 2-November 30**
4 meetings
(No class November 23)
10 - Noon
Class Fee \$55

How Can America Be Exceptional in Disrupting Times?

At the start of the United States, the nation benefited from the maturing ferment of the Old World to great results, for to begin the new nation with an articulated system of democracy, along with a document to protect the rights of all citizens (Bill of Rights) was indeed exceptional. The U.S. Constitution itself reveals the privilege of 'intellectual heft' the Framers infused into the governing systems of America. Yet, whether the U.S. has been exceptional in all of its years can be debated. And it is certain that at this time, American exceptionalism is under threat as the disrupting challenges of the current decade threaten the status and place of the U.S. on the global stage. Will the identity of exceptionalism be able to guide the country into the future? Or does American exceptionalism require reinvention and revival for the times? These questions and more will be explored as we consider the prevailing question, "How can America be exceptional in disrupting times?"

Beth Hill Skinner, M.A. in Theology and in International Diplomacy with specialization in transnational terrorism, is an adjunct faculty member at Riverside Community College, as well as a noted author and professional speaker. UCR Osher instructor since 2007.

Course Number EUV103



In-Person | UCR Extension University Village (EUV) Fall 2022



**Thursdays,
November 3-December 15**
6 meetings
(No class November 24)
10 - Noon
Class Fee \$55

Profiles in Deceit: JFK & LBJ on Vietnam

If you came of age when the war in Vietnam was in the daily news, you may wonder how it all began. Would it surprise you to know that crucial decisions were made by both President Kennedy and President Johnson in 1963? That was the year that United States political and military policies in Southeast Asia took a sharp turn. Employing the research of John M. Newman and others, this course will examine how both of these presidents sought to deceive the American people in order to win an election. The gate to America's great political and military disaster of the late 20th century is surveyed during this course, which also includes an examination of the Bay of Pigs Incident, the Berlin Wall Crisis, and the Cuban Missile Crisis.

John Powers, M.F.A., is a writer and director with experience in theater and film. Drawing on recent U.S. history as source material for a number of his productions, he has also developed this material into provocative classroom engagements, such as Nixon and the Pentagon Papers, 1968: The Year That Rocked, and Pearl Harbor Reconsidered. UCR Osher instructor since 2013.

Course Number EUV104

**Mondays,
November 7-December 12**
6 meetings
1 - 3 pm
Class Fee \$55

Ukraine - A Troubled History

Ukraine has a complex and troubled history. For hundreds of years, Ukraine was controlled by Lithuania, Poland, Sweden, the Mongols, the Turks, Austria-Hungary, and Russia. There are few geographical boundaries in the eastern most parts of Europe where conquering armies continuously planted and re-planted varying imperial flags. As a result, Ukraine's borders, language, and identity itself, have changed several times. Most often, it has been marked with variations in culture, language, and conscience. This course will explore Ukraine during the times of the Romanovs, the Ukrainian People's Republic of Soviets, and the formation of the Ukrainian Soviet Socialist Republic. By course end, you will have a better understanding of the Ukraine of today. It's history of invasion continues.

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Course Number EUV105





In-Person | UCR Extension University Village (EUV) Fall 2022

**Mondays,
November 7-December 12**
6 meetings
1 - 3 pm
Class Fee \$55

Military Technology, Development, and How “The Sausage” is Made

The subject of military technology is mostly a black hole of unknown and unknowable confusing facts, confounding terminology, and runaway costs. The added confusion of tactical and strategic objectives and secrecy even further contributes to our doubts about the necessity of military spending. In this course we will attempt share a bigger picture of the military’s role in the strategy of diplomacy, military strategy, and defense of the Nation. The Star Wars (Strategic Defense Initiative) program was considered a technological failure, but a stronger case can be made for it as strategic master stroke. We will discuss how programs are funded, mismanaged, saved from cancellation, and some that are just too big to fail. Also covered satellite technology, high energy lasers, tank development, aircraft evolution, and test ranges. Stories, anecdotes, rumors, and legends will be discussed.

Jack Amarillas spent more than 40 years in the Aerospace Engineering, Management, cost analyst, and Marketing. He holds a Bachelor of Science in Management and a Certificate in System Engineering.

Course Number EUV106



UCR Extension University Village (EUV)

UCR Extension, University Village

1299 University Drive, University Village Suite 101,
Conference Room 1103 (across from Chase Bank)
Riverside, CA 92507

Early Registration Strongly Advised

Early registration strongly advised to ensure enrollment and prevent cancellation.
(See Course Selection on Page 14)

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Paying it Forward

Become a Friend of UCR Osher

Did you know that the Osher program is partially underwritten by the interest earnings of the 2007 endowment by the Bernard Osher Foundation, and the annual membership and quarterly class registration fees? Combined they are not enough to continue to grow our membership and expand the quality and quantity of learning experiences.

- » A 6-week course (includes facility fees, and presenter stipend)
- » Honorarium for your favorite Osher instructor

If you appreciate how the Osher Lifelong Learning Institute enriches your life, please consider giving to Osher. Your gift is an investment in our commitment to growing a community of lifelong learners and ensuring the long-term viability of the program. Your donations will go to underwriting the following activities:

- » Special events and field trips
- » Upgrades to technology

Below are levels of support for you to choose.

(Your gift may be 100% tax deductible. Federal Tax ID #23- 7433570. Check with your tax consultant to confirm.)

- \$2,000 – (Membership in UCR Chancellor's Associates)
- \$1,500 \$1,000 \$500 \$250 \$100 Other

Or support in monthly installments (Credit card only)

- \$10/month for 12 months: \$120 total \$20/month for 12 month: \$240 total \$_____/month for ____ months

- Please indicate the fund to gift: Osher Lifelong Institute Fund Osher LIFE Lecture Series Endowment
- Richard (Dick) Stein Lecture Series

My gift is in honor/ memory of: _____

List my name as follows: _____

Donate online at <https://myadv.ucr.edu/OLLI/osher>

- I work/worked for a company that will match my gift.
- Please contact me about how I can benefit Osher through my will, living trust, or other giving options that don't require an immediate cash outlay.

Questions? Contact:

Johnna D. Norris, Director | UCR Osher Lifelong Learning Institute | UCR Palm Desert | Johnna.Norris@ucr.edu
75-080 Frank Sinatra Drive | Palm Desert, CA 92211 | (760) 834.0800 | olli@ucr.edu

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UCR Emeriti Association and UCR Osher present:

The Edward A. Dickson Emeritus/a Professorship Lecture Series 2022-2023

Flourishing, Long Life, and the Nature of Health

Tuesday, November 1, 2022
3 - 5 pm | REMOTE | Lec101

Howard S. Friedman, Ph.D.
Distinguished Professor of the Graduate Division &
Distinguished Professor of Psychology Emeritus
University of California, Riverside



For his work on “changing how we think about the nature of health,” Dr. Friedman received the **McKeen Cattell Award** from the Association for Psychological Science, a career award for applied scientific research. His research on disease-prone and self-healing personalities (terms he coined) led to the Outstanding Contributions to Health Psychology award from the American Psychological Association. A UCR professor since the days of Chancellor Ivan Hinderaker, Professor Friedman has also received UCR’s Distinguished Teaching Award, and the national **Elizabeth Hurlock Beckman Award**, for “inspiring students to make a difference in the community.”

Why do some people thrive well into old age while others become ill or die young? Our studies of the lifetime pathways of 1500 Americans who were initially assessed as children in 1921 suggest a conceptual shift in how we think about health. As current events have made starkly clear, health is much more than the absence of diagnosed disease.

Recommended Reading List:

The Longevity Project: Surprising Discoveries for Health and Long Life from the Landmark Eight-Decade Study (available on Amazon or see <http://www.howardsfriedman.com/longevityproject/>)



Delivered Remotely.



UCR Riverside Palm Desert Center

Coachella Valley Garden Day

Grow for today, plant for tomorrow.

Saturday, October 22 from 9 AM to 1 PM
UCR Riverside Palm Desert Center

The premier fall gardening event is back! After a two-year hiatus, UC Riverside Palm Desert, Riverside County Master Gardeners, and Desert Horticulture Society have teamed up once again to host a fun and interactive day of learning from gardening, landscaping and horticulture experts. This event is for everyone – from Coachella Valley gardening newbies to experienced green thumbs – with an emphasis on sustainable landscaping in a dryer, hotter desert climate. Learn what to plant, when to plant, how to care for your plants, and how to attract pollinators and provide vital habitat for wildlife. Hundreds of desert plants of all species, sizes, shapes and colors will be available for purchase. The day will feature mini-lectures, demonstrations, interactive activities, local nonprofit organization booths, and more!



WILD & SCENIC[®] FILM FESTIVAL

where activism gets inspired



The Wild & Scenic Film Festival comes to UCR Palm Desert on Thursday, November 11 at 6 pm to 8 pm. This global tour of thoughtfully curated films celebrates the beauty and wonder of our natural world, and inspires audiences everywhere to take action to protect it. Come early, bring a picnic dinner, and enjoy a magical evening under the stars! FREE



UCR Osher
Fall 2022

Why *Teach* an Osher Course?



“Teaching ‘All Science Considered’ encourages me to think more deeply about the impact our topics have on our society. Class material should answer questions such as: “Why should participants be interested in a particular topic? And how it might affect their lives or the lives of their family?” I receive great enjoyment and satisfaction from both the preparation and the in-class interactions.”

— **Michael Luther,**
UCR Osher instructor
since 2016

Share Your Expertise

The Osher program attracts current and retired faculty from University of California, Riverside, retired faculty from local and national colleges, and distinguished community leaders and other experts who enjoy sharing their knowledge and joy of teaching with our members. Classes are offered in Riverside at the UCR Extension University Village (EUV) and in the Coachella Valley at UCR Palm Desert Center.

WANTED: mind-expanding ideas and discussions on a variety of topics.

Learning Formats Available

Lectures: Tuesday lectures series on timely and engaging topics. (Riverside location only at this time)

Courses: Multi-session, academic courses in a wide array of topics and delivery modes from in-person classroom instruction to remote delivered interactive instruction and demonstrations.

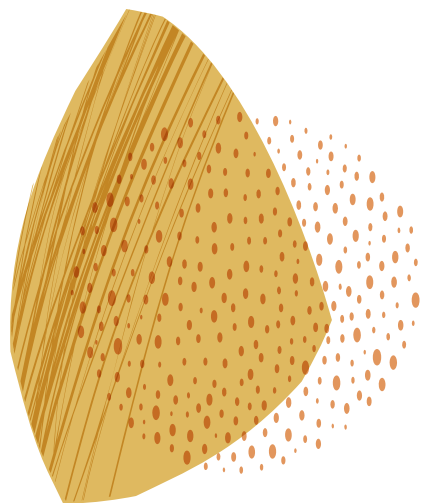
Field Trips and Study Tours: On site exploring and learning about cultural, historical and architectural events locally and internationally.

Special Events: Includes campus department lectures, and fun and entertaining events open to members and the general public.

Lunch Bunch: Another way for members to engage in cultural experiences through food while enjoying a meal together.

Workshops: Range from successful aging, financial wellness and creative activities.

If you enjoy teaching and sharing your knowledge, visit our website at palmdesert.ucr.edu/welcome-ucr-osher to submit a proposal. Proposals are accepted for the fall, winter, and spring quarters. For the fall quarter, submit in April; for winter, submit in August; and for spring, submit in November.





Time to create your best work

The UC Riverside Palm Desert Low-Residency MFA is one of the premier writing programs in the world. Our alumni include national and international best-selling authors, Emmy Award winners, PEN USA finalist playwrights, acclaimed journalists and memoirists, award-winning poets, top television and film producers, and even a member of Congress. Choose from program tracks in fiction, nonfiction, playwriting, poetry, and writing for both television and the big screen. Select a secondary genre as a minor or try something new every term.

Apply now! [Details can be found here.](#)



Select Your Osher Courses

Select course, add fees and complete reverse side.

Early registration is strongly advised to ensure enrollment and prevent cancellation. Click on each course title to access course information.

Course Title	Start Date / Time	Fee	Delivery Mode / Location	Subtotal
Cinematic Exploration: The Bonds Between Humans and their Pets	Monday, September 19 - October 31 10 - Noon Course Number Z100	\$55	 Remote	
Judicial Issues in the News	Tuesdays, September 27 - November 15 10 - Noon Course Number Z101	\$60	 Remote	
Art From Medieval Manuscripts: Medieval Autumn	Fridays, September 30-November 4 10 - Noon Course Number Z102	\$35	 Remote	
The New York Melting Pot: 1880-1940	Friday, September 30-November 11 1 - 3 pm Course Number Z103	\$35	 Remote	
The Science, Literature and Cinema of Frankenstein	Wednesday, October 26-December 4 10 - 11:30 am Course Number Z104	\$35	 Remote	
The Literature of AIDS: Gay Men Respond to a Crisis	Tuesday, September 13-October 18 10 - Noon Course Number PDC100	\$55	 In-Person PDC	
The Week's News in Review - PART ONE	Thursdays, September 15-October 20 10 - Noon Course Number PDC101	\$55	 In-Person PDC	
History of Impressionism in Art from Monet to Van Gogh	Wednesday, October 26-December 7 10 - Noon Course Number PDC103	\$55	 In-Person PDC	
The Week's News in Review - Part Two	Thursday, October 27-December 8 10 - Noon Course Number PDC104	\$55	 In-Person PDC	
The History of American Cinema	Thursday, October 27-December 8 10 - Noon Course Number PDC105	\$55	 In-Person PDC	
Heroines of Historical Fiction: Ten Thousand Waves of Women's Voices	Thursday, October 27-December 8 1 - 3 pm Course Number PDC106	\$55	 In-Person PDC	
Early Abstract Expressionism	Tuesdays, November 1-December 6 10 - Noon Course Number PDC107	\$55	 In-Person PDC	
Profiles in Deceit: JFK & LBJ on Vietnam	Wednesdays, November 2-December 14 10 - Noon Course Number PDC108	\$55	 In-Person PDC	
Ukraine - A Troubled History	Tuesdays, November 8-December 3 10 - Noon Course Number PDC109	\$55	 In-Person PDC	
Why Did the Soviet Union Collapse?	Wednesdays, September 14-October 19 10 - Noon Course Number EUV100	\$55	 In- Person EUV	
History of Impressionism in Art from Monet to Van Gogh	Wednesdays, September 14-October 19 1 - 3 pm Course Number EUV101	\$55	 In- Person EUV	
The Week's News in Review	Thursdays, September 15-October 20 10 - Noon Course Number EUV102	\$55	 In- Person EUV	
How Can America Be Exceptional in Disrupting Times?	Wednesday, November 2-November 30 1 - 3 pm Course Number EUV103	\$55	 In- Person EUV	
Profiles in Deceit: JFK & LBJ on Vietnam	Thursdays, November 3-December 15 10 - Noon Course Number EUV104	\$55	 In- Person EUV	
Ukraine - A Troubled History	Mondays, November 7-December 12 1 - 3 pm Course Number EUV105	\$55	 In- Person EUV	
Military Technology, Development, and How "The Sausage" is Made	Mondays, November 7-December 12 1 - 3 pm Course Number EUV106	\$55	 In- Person EUV	
Flourishing, Long Life, and the Nature of Health	Tuesday, November 1 3 pm Course Number Lec101	\$0	 Remote	

Complimentary Parking Permits will be distributed on the first day of your in-person classes.

* FREE with Osher Membership.



Membership

Use separate forms for each person

<input type="checkbox"/> Membership Renewal	UCR Emeriti?*	UCR Retiree?*	UCR Palm Desert Partner?*
<input type="checkbox"/> New Membership	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N

Part 1: Print Clearly

First Name	Middle Initial	Last Name	
Address		City	
Phone	State	Zip Code	
Email			Birth Year

Enroll

Osher Membership, Osher LIFE Lecture Series and Osher Courses

Part 2: Required to enroll in Osher LIFE Lecture Series and Osher courses for September 2022 – June 2023		
Annual Osher Membership Fee (September 2022-June 2023) Membership fee is not an enrollment fee and is non-refundable.	\$150.00	
Part 3: Current membership required to enroll in Osher courses		
Fall 2022 Quarterly Osher Membership Fee Fees non-transferable	\$70.00	
Part 4: Current membership required to enroll in Osher courses (see Part 2).		
Osher Course Enrollment Fees	Subtotal from p. 13	
TOTAL FEES DUE		

*UCR Retirees, UCR Emeriti, UCR Palm Desert Partners and Alumni Association members receive \$20 discount on Osher Annual Membership for September 2022-June 2023. A limited number of needs-based scholarships are available. Please contact us at olli@ucr.edu for more information.

Pay

Part 6: Choose one.

<p>Personal Check</p> <input type="checkbox"/> Check Amount: <input type="checkbox"/> (Payable to Regents-UC)	<p>Mail this form with payment to: Osher Lifelong Learning Institute UCR Palm Desert Center 75-080 Frank Sinatra Drive, Palm Desert, CA 92211</p>
<p>How did you hear about us?</p> <input type="checkbox"/> Friend / Neighbor <input type="checkbox"/> Osher Catalog <input type="checkbox"/> Other	<input type="checkbox"/> Newspaper/Calendar Listing <input type="checkbox"/> UCR Palm Desert Website <input type="checkbox"/> UCR Palm Desert Newsletter <input type="checkbox"/> Osher Mailing List

Ready to Enroll, click here: https://commerce.cashnet.com/ucr_osher



An Educational Program for Mature Learners

palmdesert.ucr.edu/welcome-ucr-osher

Academic Calendar Fall 2022

- **Fall Quarter**
September 12-December 9, 2022
- **Winter Quarter**
January 10-March 31, 2023
- **Spring Quarter**
April 3- June 23, 2023
- **Summer Quarter**
July 10-August 14, 2023



EDWARD A. DICKSON EMERITUS/A PROFESSORSHIP LECTURE SERIES 2022-2023

FLOURISHING, LONG LIFE,
AND THE NATURE OF HEALTH

Tuesday, November 1; 3-5 pm | Page 12

Howard Friedman, Distinguished Professor of Psychology Emeritus, will be giving a talk (via Zoom) on November 1, 2022. His engaging topic is "Flourishing, Long Life, and the Nature of Health," in which he will address the question: "Why do some people thrive well into old age while others become ill or die young?" Our studies of the lifetime pathways of 1500 Americans who were initially assessed as children in 1921 suggest a conceptual shift in how we think about health. Dr. Friedman received the McKeen Cattell Award from the Association for Psychological Science, a career award for applied scientific research, and the national Elizabeth Hurlock Beckman Award, for "inspiring students to make a difference in the community." (For full description visit: palmdesert.ucr.edu/welcome-ucr-osher)

Locations

Riverside

UCR Extension, University Village

1299 University Drive, University Village Suite 101,
Conference Room 1103 (across from Chase Bank)
Riverside, CA 92507

Palm Desert

UCR Palm Desert Center

75-080 Frank Sinatra Drive
Palm Desert, CA 92211

Remote via Zoom

Featured Course



Science Issues in the News

This 6-part course is an examination of the most interesting science topics from today's news.

In-Person | PDC

Page 3



75-080 Frank Sinatra Drive, Palm Desert, CA 92211