

# UCR OSHER

## Summer 2021

► Choose your courses, then click this page to fill out the registration form.

### Judicial Issues in Review

10:30-11:30 a.m. Tuesdays, July 6-Aug 10 (6 weeks) \$25

This interactive course lets you experience the legal and criminal justice systems from the view of the judge's chair. A series of weekly topics and videos will lead to discussions of current and past legal issues, decisions, and consequences that affect our lives.

**Instructor:** Gary Bindman, J.D., was a practicing attorney and served on the bench of the Los Angeles Superior and Municipal Courts for more than 25 years.

### Technology in World History

4 to 5 p.m. Tuesdays, July 6 -Aug 10 (6 weeks)

This is a brief overview of the history of technology in the world. The course illustrates a panoramic view of the most important developments in technology that gave rise to our modern industrialized civilization. The aim is to provide a grand picture of the history of technology – from the early civilizations to the present - that every educated citizen needs to know. \$25

**Instructor:** Tofigh Heidarzadeh, PhD., Lecturer Bourns College of Engineering, UCR

### Musical Theatre Translated into Film (Part 2)

12:30-1:30 p.m. Tuesdays, July 6 - Aug 10 (6 weeks) \$25

We will examine six more successful American Musical Theatre Plays that have been adapted into films (and vice versa). We'll look at their origins as well as their historical and cultural contexts. We'll watch each film on our own, do some reading, and discuss the history, themes and underpinnings of 42nd Street, Showboat, Guys and Dolls, Oklahoma, West Side Story, and Sweeney Todd.

**Instructor:** Val Stulman, M.F.A. from UCR, with a specialization in Playwriting & Screenwriting and Memoir.

### Deciphering Gilbert & Sullivan's "The Mikado"

10:30-11:30 a.m. Wednesdays, July 7-Aug 11 (6 weeks)

Controversy over "The Mikado's" whimsical Japanese setting, stereotypes, and "Japanese" names have dogged recent productions. Your instructor will share his time as a performer in G&S's operettas, and his time as President of the Cornell Savoyards, one of many "keepers of the flame." \$25

**Instructor:** Barry Schoenfeld, B.S., is an opera and musical theater aficionado, studying and attending hundreds of performances around the world.

## Travel the Seven Natural Wonders of the World

12:30-1:30 p.m. Wednesdays, July 7-Aug 11 (6 weeks) \$25

Seven Natural Wonders is an organization created to protect and promote the natural wonders of the world. The campaign was distinguished by avoiding the influence of marketing, advertising and social media, with the winning wonders being determined by experts from around the world who leveraged significance, uniqueness, and pure splendor.

The list of the natural wonders includes: Aurora Borealis (also known as the northern lights); Harbor of Rio de Janeiro; Grand Canyon; Great Barrier Reef; Mount Everest; Victoria Falls; Paricutin, Mexico. Each of the Seven Natural Wonders will be explored using drone video, discovery comments, scientific explanations, expert descriptions, tourist comments, etc.

**Instructor:** Barry Schoenfeld, B.S., is an opera and musical theater aficionado, studying and attending hundreds of performances around the world.

## The Week's News in Review

4 to 5 p.m. Thursdays, July 8 – Aug 12 (6 weeks) \$25

An interactive discussion of events shaping the news each week. Media sources include, print, TV, the Internet and social media. Discuss politics, the economy, sports, show business and topics pulled from the headlines.

**Instructor:** William Maxwell, F.C.M.A., enjoyed a career in corporate finance for 6 years with Hyster and Hyster-Yale in Europe, then 20 years in the U.S.

## T'ai Chi Ch'uan For Balance and Strength

2:30-3:30 p.m. Wednesdays, July 7-Sept 8 (10-weeks) \$35

T'ai Ch'uan is a centuries-old form of Chinese restorative exercise that has been validated by scientific research, and has a multitude of health benefits, including decreasing the risk of falls by improving balance; increasing strength, flexibility, and coordination; decreasing pain from arthritis and other debilitating diseases; increasing mental clarity and concentration; increasing relaxation and decreasing stress; and improving memory. Each class begins with a short discussion of specific T'ai Ch'uan principles, moving into a gentle warm-up before flowing into guided practice that has us building, week after week, on all that we learn. T'ai Ch'uan can be practiced sitting in a chair, just as easily as standing, so anyone can participate.

**Instructor:** Clyde F. Boiston, B.S., Physical Therapy, is a mindfulness teacher, meditation instructor, and graduate of the UCLA Mindful Awareness Research Center

## Science in World History

4-5 p.m. Thursdays, July 8 – Aug 12  
(6 weeks) \$25

An overview of the history of science in the world. The course illustrates a panoramic view of the most important developments in that gave rise to our modern industrialized civilization. The aim is to provide a grand picture of the history of science and technology — from the early civilizations to the present — that every citizen needs to know.

**Instructor:** Tofigh Heidarzadeh, PhD.,  
Lecturer Bourns College of Engineering,  
UCR


## Introduction to Uncial Calligraphy

12:30-1:30 p.m. Thursdays, July 15 –  
Aug 19 (6 weeks) \$25 (plus materials)

Uncial is a distinctive lettering style. The alphabet is all uppercase. Albeit ancient, its rounded, generous letters are warm, and welcoming and fun to write — you will be lettering in the very first class. Uncial is the ideal place to begin (or improve) your calligraphic journey. Think about a poem, phrase or scripture you would like to practice. A material list will be sent upon registration and supplies are available on Amazon for purchase.

**Instructor:** Risa Evans-Geller, is an award-winning, classically trained calligrapher and has 20 years of experience teaching lettering, design, and illustration

## Contact

 760-834-0800



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